

# History of Aprotinin

A Naturally Occurring Proteolytic Enzyme Inhibitor

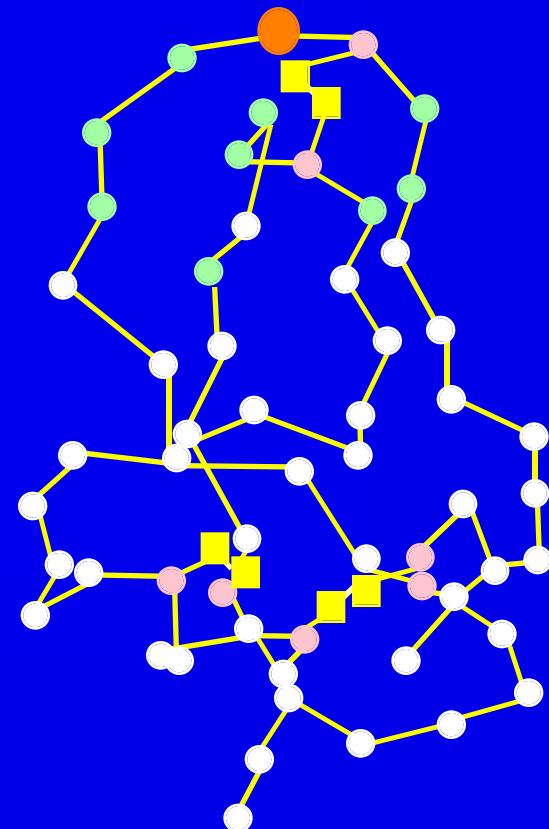
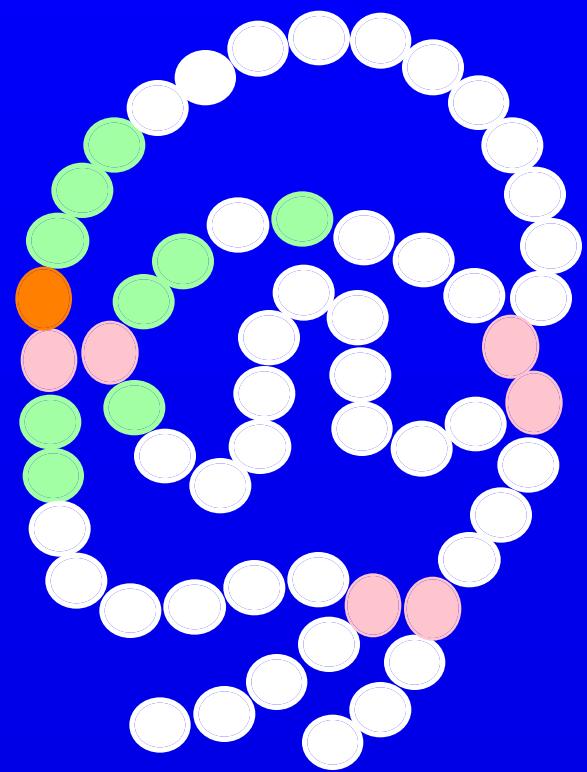
- Discovered independently in the 1930s
  - Kraut et al isolated a kallikrein inhibitor from bovine lung
  - Kunitz and Northrop described a bovine pancreatic trypsin inhibitor
- Launched as Trasylol® in Germany in 1959

# Aprotinin

## A Naturally Occurring Serine Protease Inhibitor

- Consists of 58 amino acid residues
- Single-chain polypeptide: 6512 daltons
- Cross-linked by 3 disulfide bridges
- Reactive bond site is lysine-15-alanine-16
- Forms reversible stoichiometric complexes
- Reacts with serine site of enzyme

# Structure of Aprotinin



# Aprotinin

A Serine Protease Inhibitor

Binds with the human serine proteases:

- Trypsin
  - Plasmin
  - Plasma kallikrein
  - Tissue kallikrein
  - Elastase
  - Urokinase
  - Thrombin
- decreasing affinity
- 

# Serine Protease Enzyme Systems

## The Potential Inhibitory Role of Aprotinin

- Kallikrein-kininogen-kinin
- Complement
- Coagulation
- Fibrinolysis
- Renin-angiotensin
- Leukocyte elastase

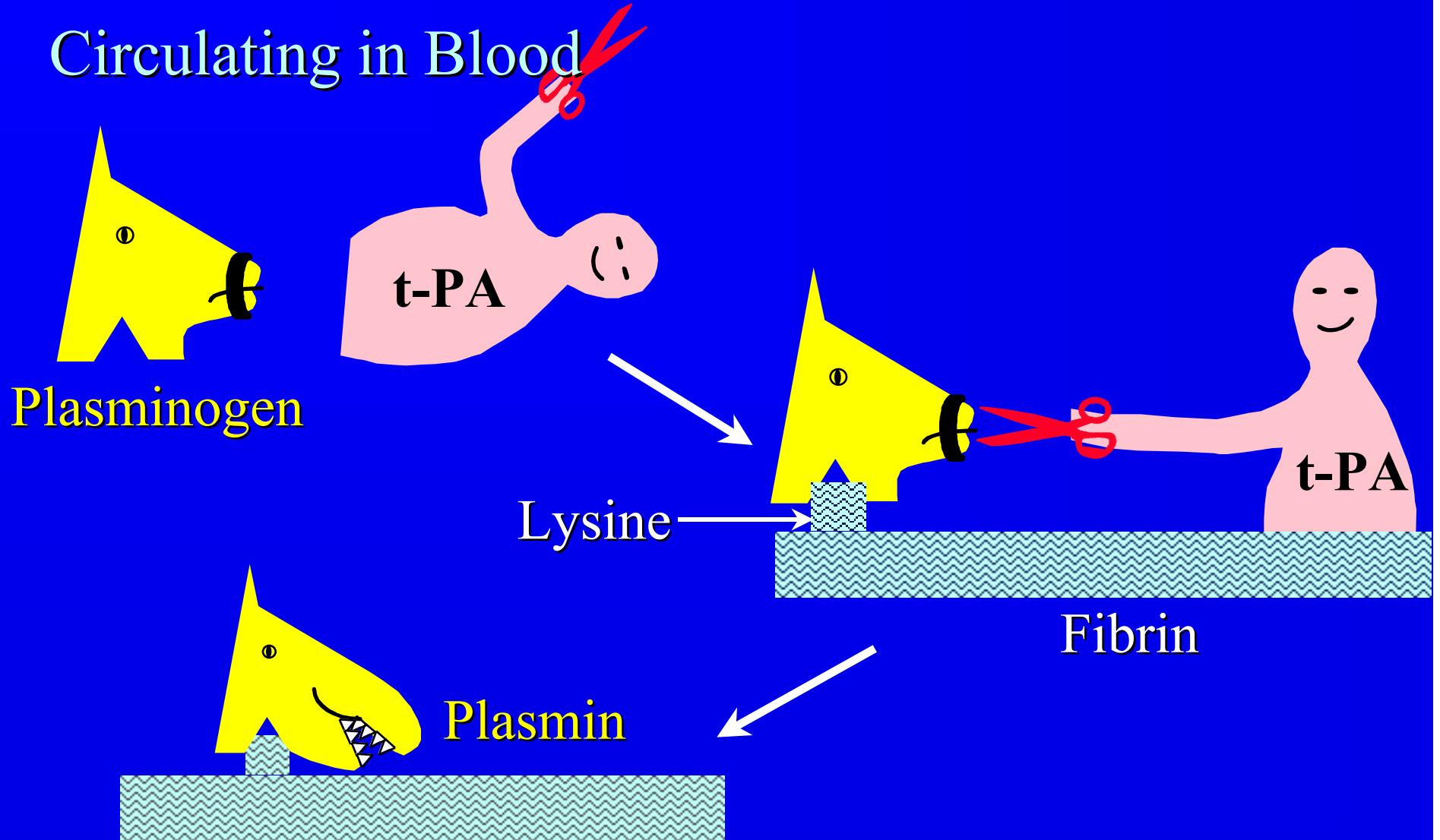
# Aprotinin

## Pharmacokinetic Properties

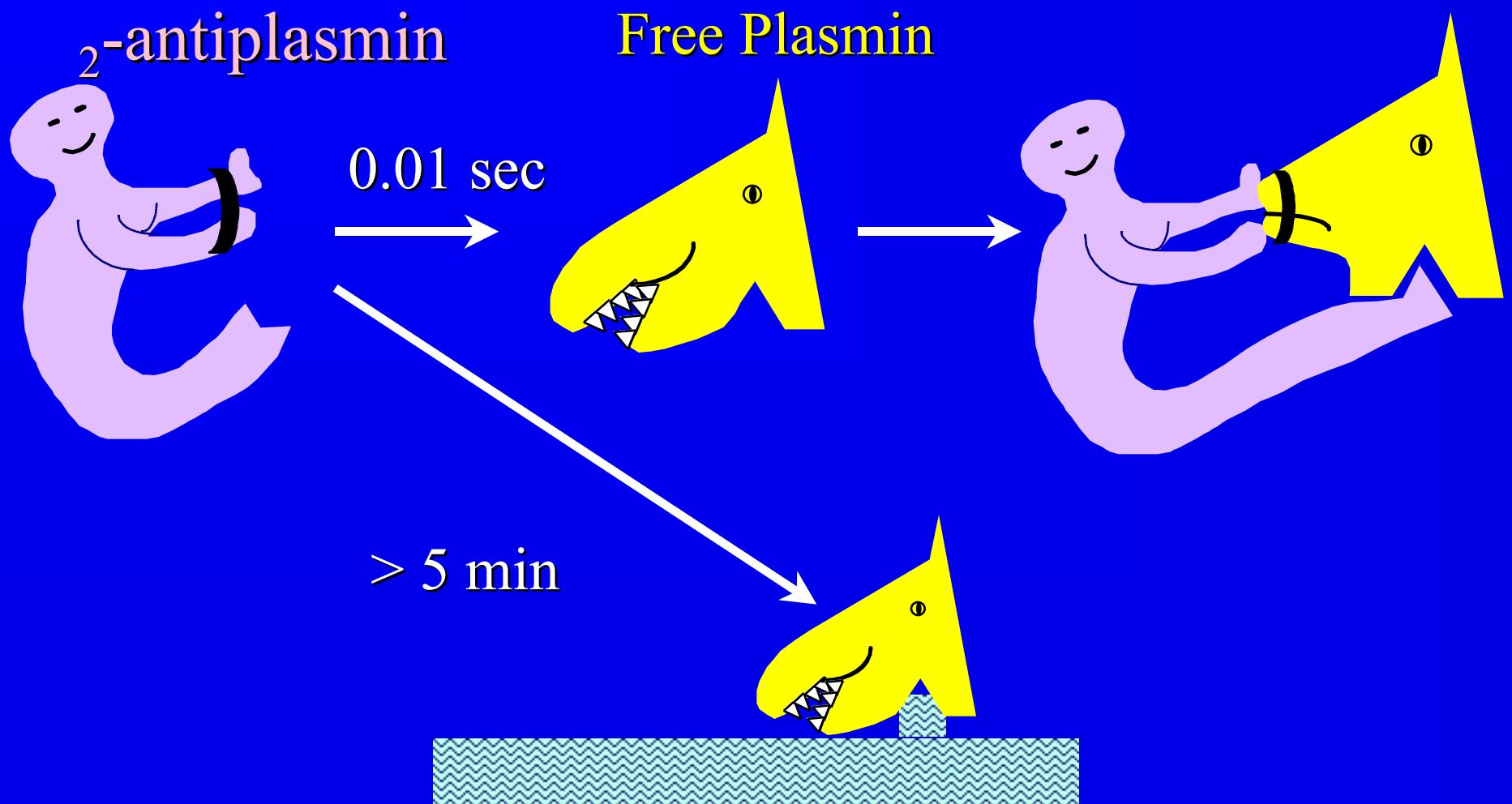
- Inactive via oral route
- Rapid distribution into total extravascular space
- Following redistribution, plasma half-life  $\div 150$  min
- Filtered by glomeruli and reabsorbed by proximal tubules
- Less than 10% excreted as unchanged drug
- Slowly degraded by lysosomal enzymes
- Terminal elimination phase half-life  $\div 10$  h
- Does not cross the blood-brain barrier

# Fibrinolysis

Circulating in Blood

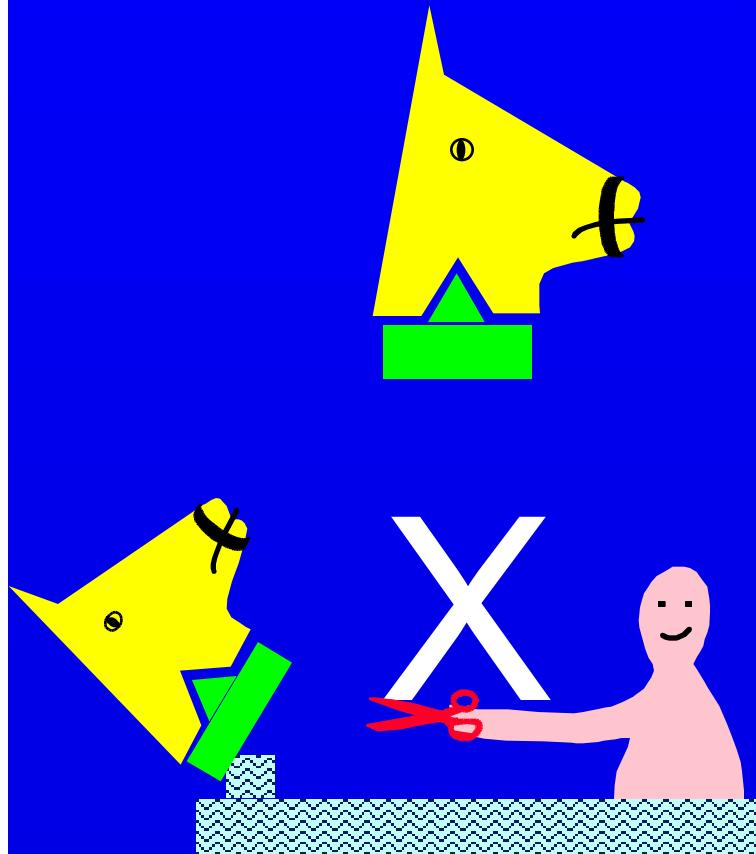


# Role of $\alpha_2$ -Plasmin Inhibitor

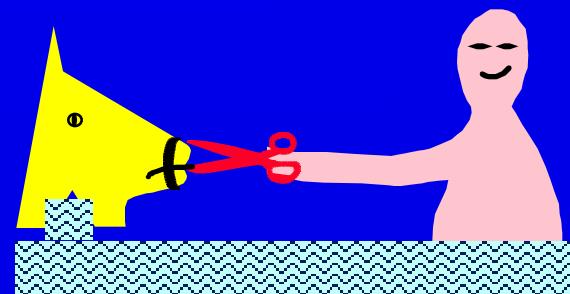
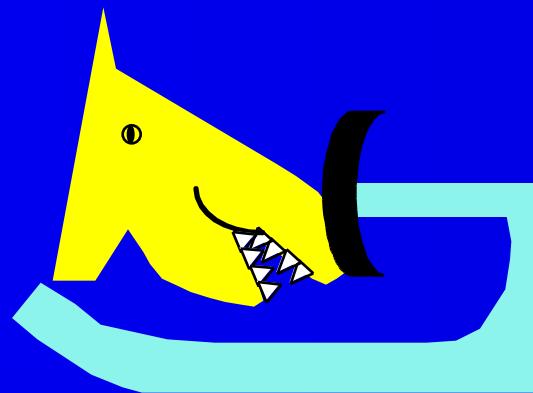


# Pharmacologic Inhibition of Fibrinolysis

Lysine Antifibrinolytics



Serine Protease Inhibitors



# Aprotinin

## Approved Indication

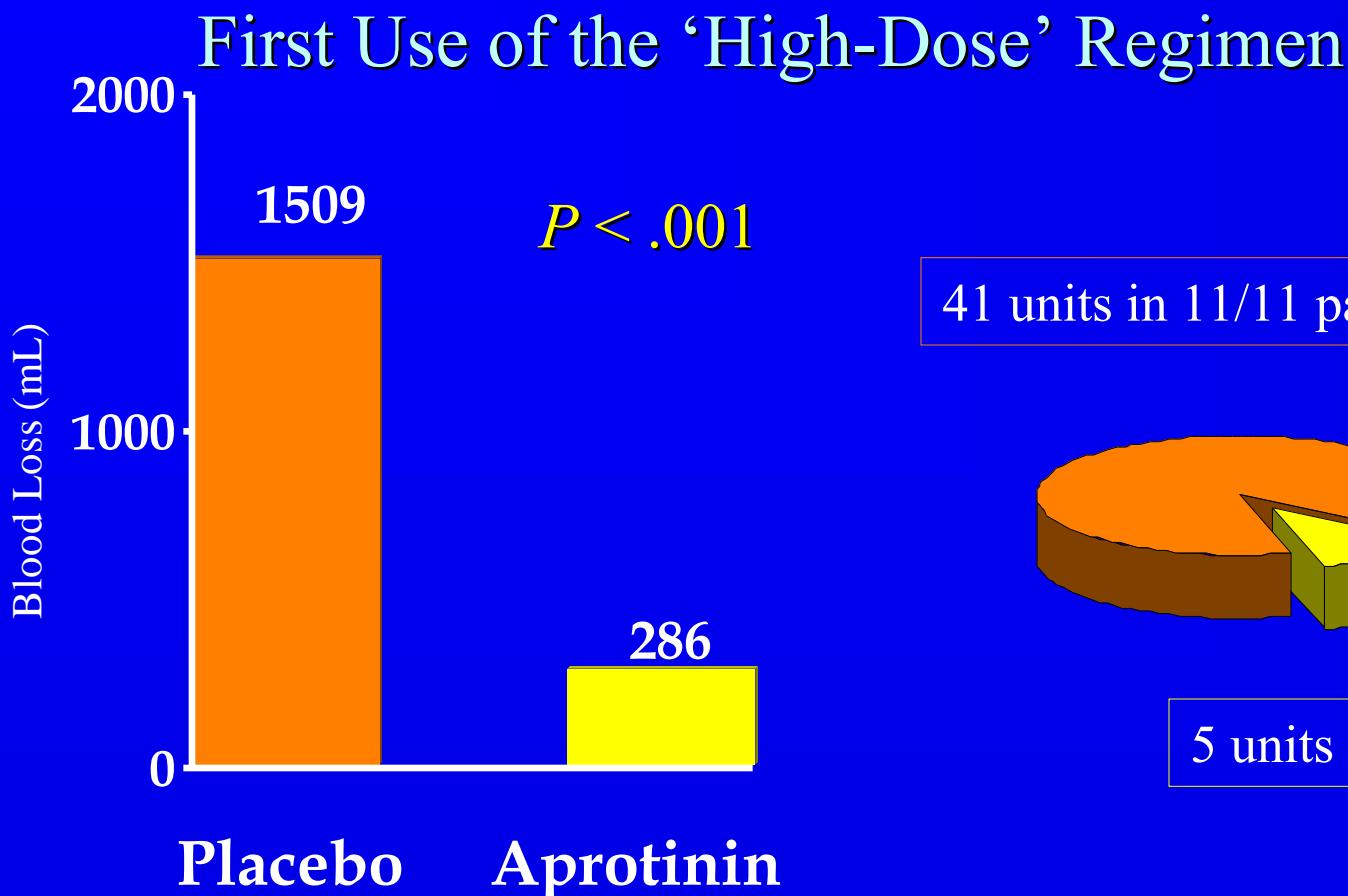
Trasylol® is indicated for prophylactic use to reduce perioperative blood loss and the need for blood transfusion in patients undergoing cardiopulmonary bypass in the course of coronary artery bypass graft (CABG) surgery

Please note important boxed warning and other safety information

# Aprotinin Warning Information

Anaphylactic or anaphylactoid reactions are possible when Trasylol® is administered. Hypersensitivity reactions are rare in patients with no prior exposure to aprotinin. The risk of anaphylaxis is increased in patients who are re-exposed to aprotinin-containing products. The benefit of Trasylol® to patients undergoing primary CABG surgery should be weighed against the risk of anaphylaxis should a second exposure be required.

# Aprotinin in Repeat Cardiac Surgery

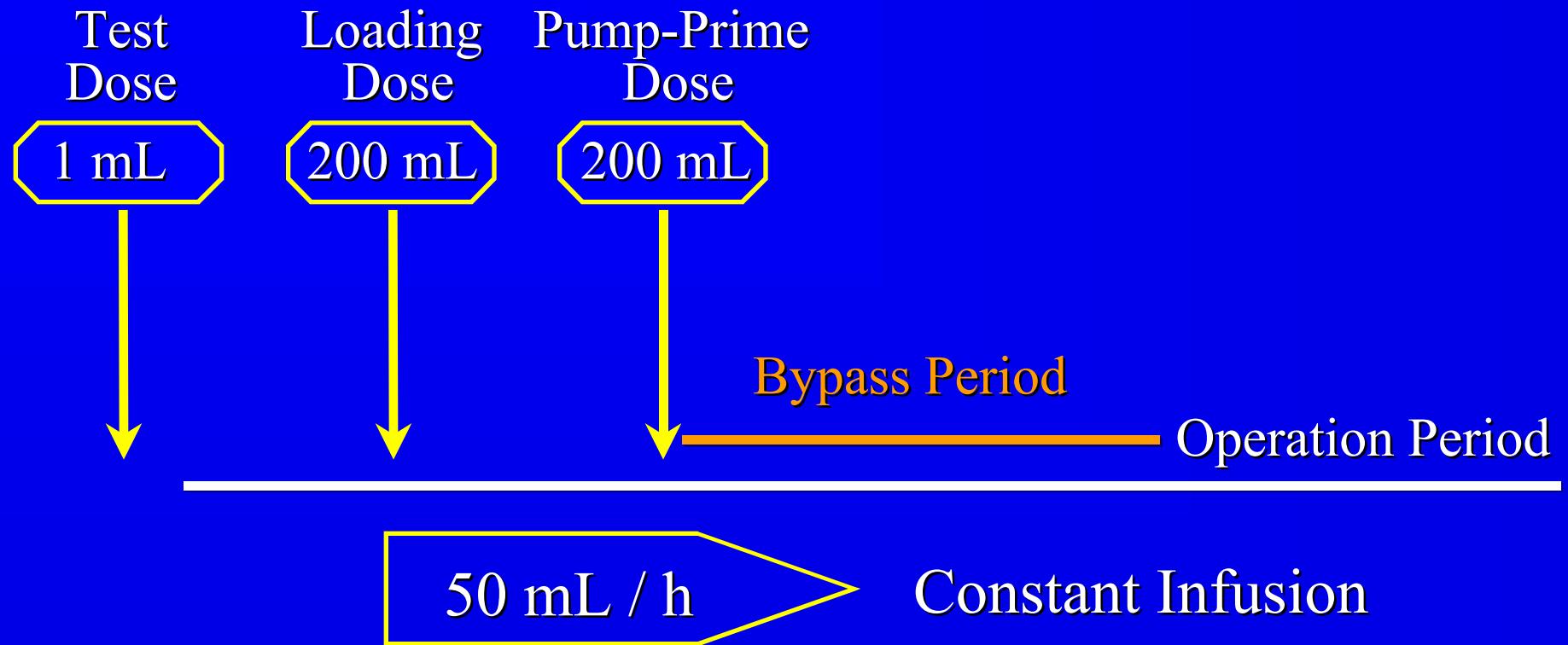


Royston et al Lancet 1987 Dec 5;2:1289-1291

C3

# High-Dose Aprotinin

## Original Administration Regimen



Royston et al Lancet 1987 Dec 5;2:1289-91

C4

# Aprotinin Dosing and Administration

Test Dose	Loading Dose	Pump-Prime Dose	Constant-Infusion Dose
<hr/>			
<b>Regimen B (Plasmin Inhibiting)</b>			
1 mL	100 mL	100 mL	25 mL/h
1.4 mg, or 10,000 KIU KIU/h	140 mg, or 1.0 million KIU	140 mg, or 1.0 million KIU	35 mg/hr, or 250,000

# Aprotinin Dosing and Administration

Test Dose	Loading Dose	Pump-Prime Dose	Constant-Infusion Dose
<hr/>			
Regimen A (Kallikrein Inhibiting)			
1 mL mL/h (1.4 mg, or mg/h, or 10,000 KIU) KIU/h)	200 mL (280 mg, or 2.0 million KIU)	200 mL 280 mg, or 2.0 million KIU)	50 (70 500,000

# Dosing and Aprotinin Administration

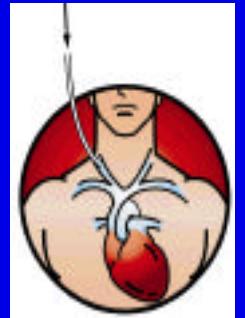
## Test Dose

- All patients should first receive a test dose. Administer intravenously at least 10 minutes before loading dose.

## Loading Dose

- After induction of anesthesia but prior to sternotomy, give intravenously to patient in supine position. Administer slowly over 20-30 minutes

# Dosing and Aprotinin Administration



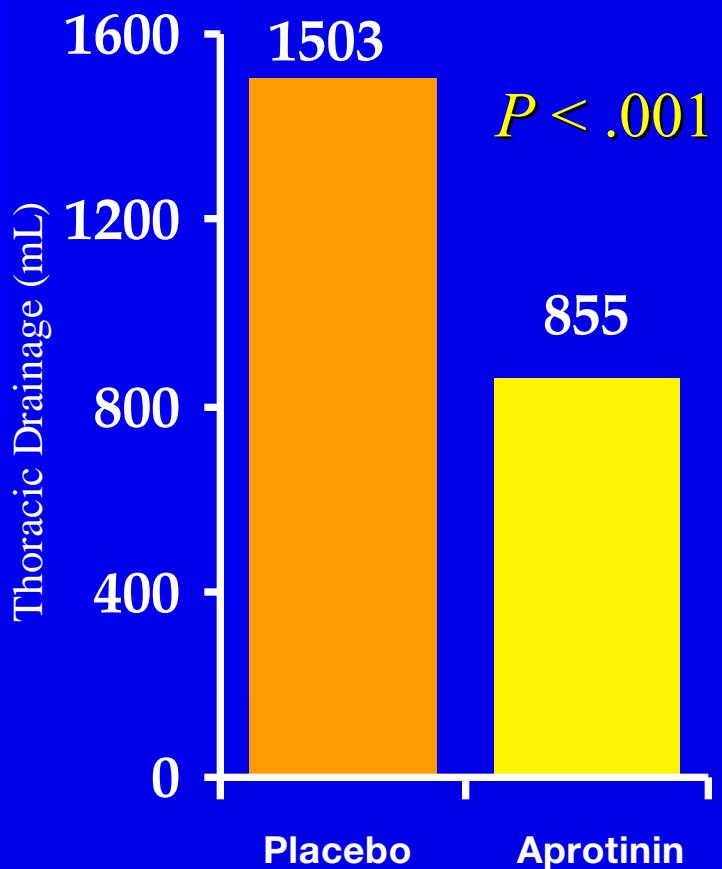
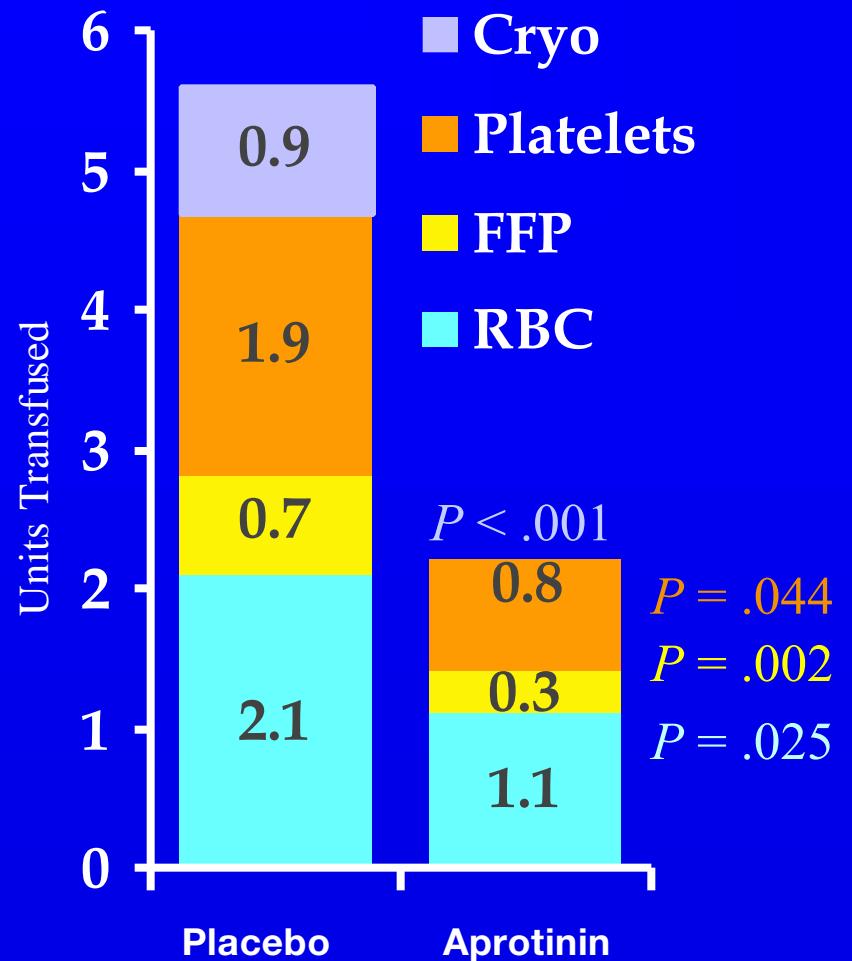
## “Pump-prime” Dose

- Add to priming fluid of cardiopulmonary bypass circuit, by replacement of an aliquot of priming fluid, prior to institution of cardiopulmonary bypass.

## Constant Infusion Dose

- Administer when loading dose is complete.  
Continue until surgery is complete and patient leaves operating room.

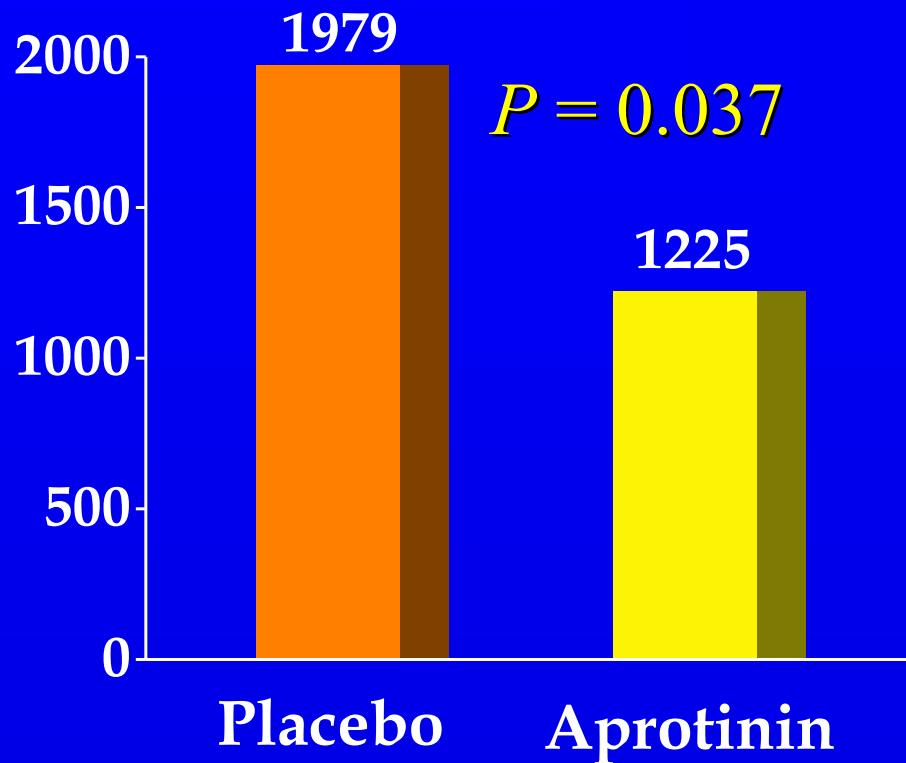
# Aprotinin Use in Primary CABG Operations



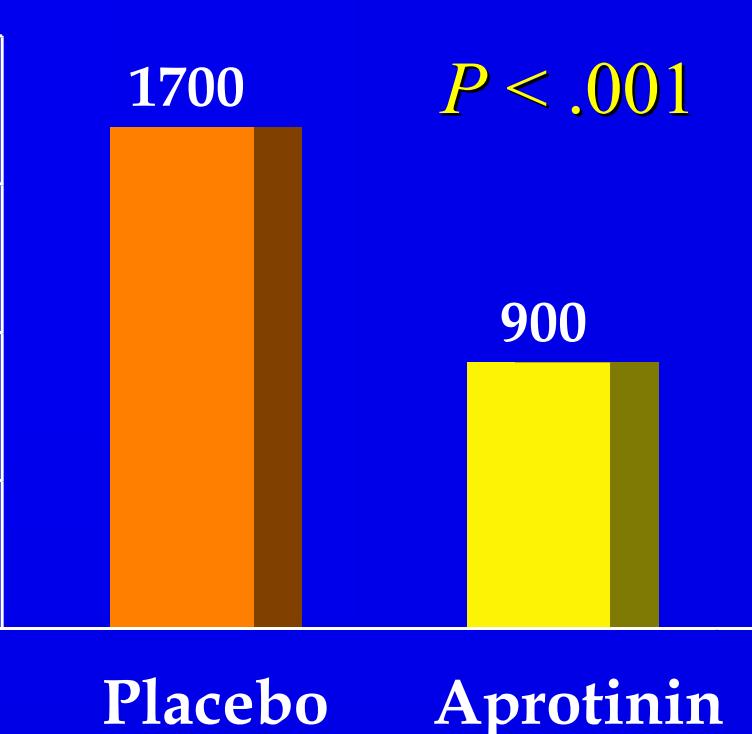
Lemmer et al J Thorac Cardiovasc Surg 1994;107:543-553

# Aprotinin Use in CABG Reoperations

Total Thoracic-Drainage Volume (mL)



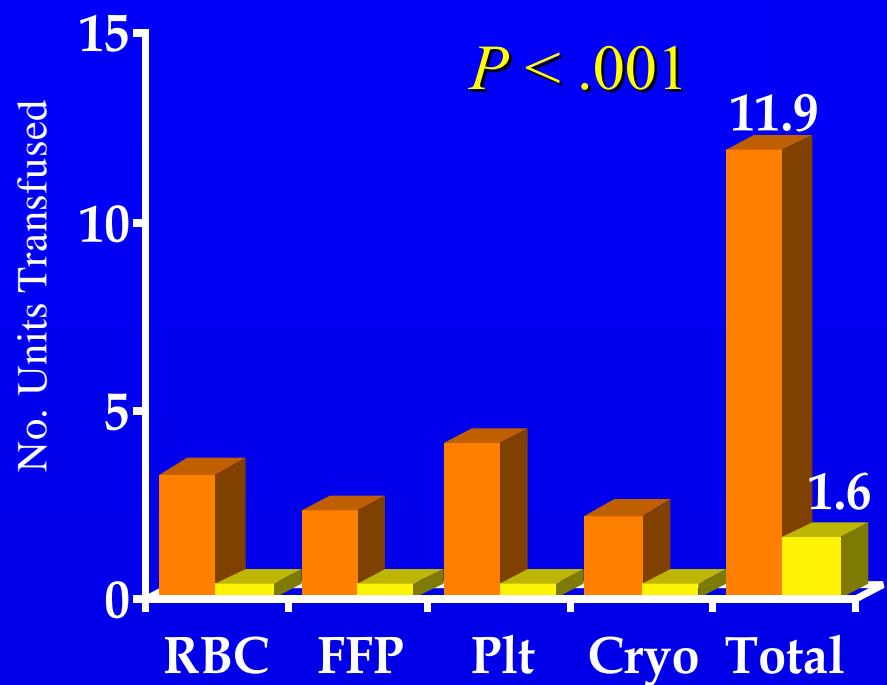
Lemmer et al  
J Thorac Cardiovasc Surg 1994;107:543-53



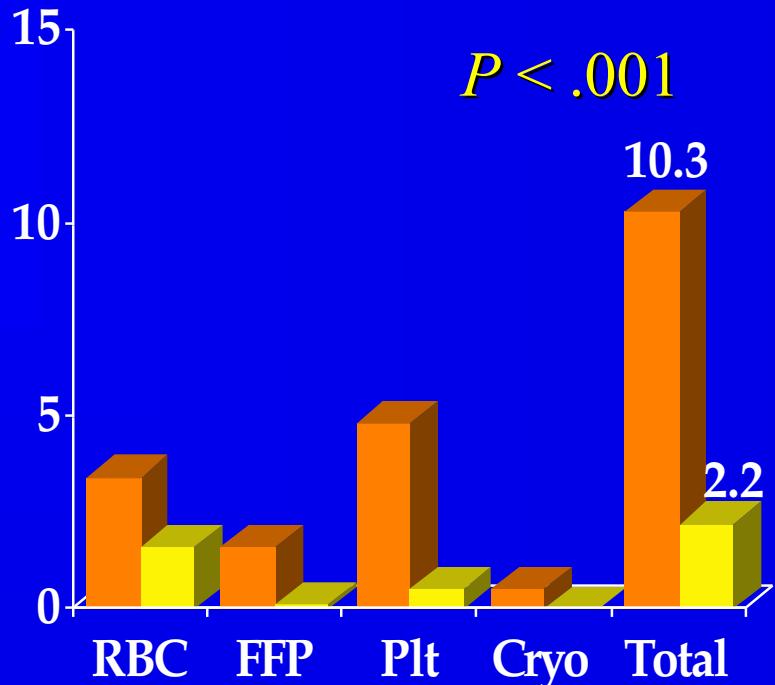
Levy et al  
Circulation 1995;92:2236-44

# Aprotinin Use in CABG Reoperations

## Donor-Blood-Product Requirements



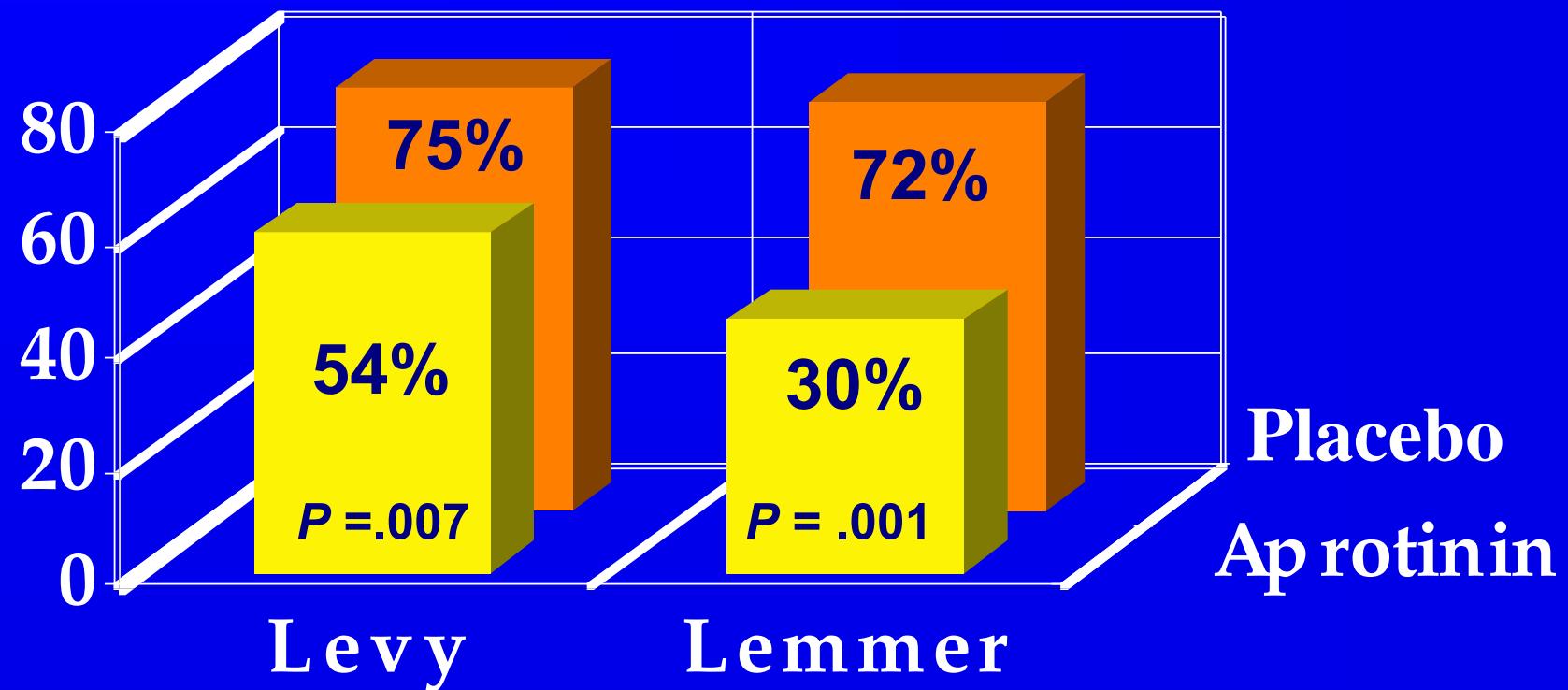
Lemmer et al  
J Thorac Cardiovasc Surg 1994;107:543-53



Levy et al  
Circulation 1995;92:2236-44

# Aprotinin Use in CABG Reoperations

Patients Requiring Donor Red Blood Cells (%)



Levy et al Circulation 1995;92:2236-44

Lemmer et al J Thorac Cardiovasc Surg 1994;107:543-53

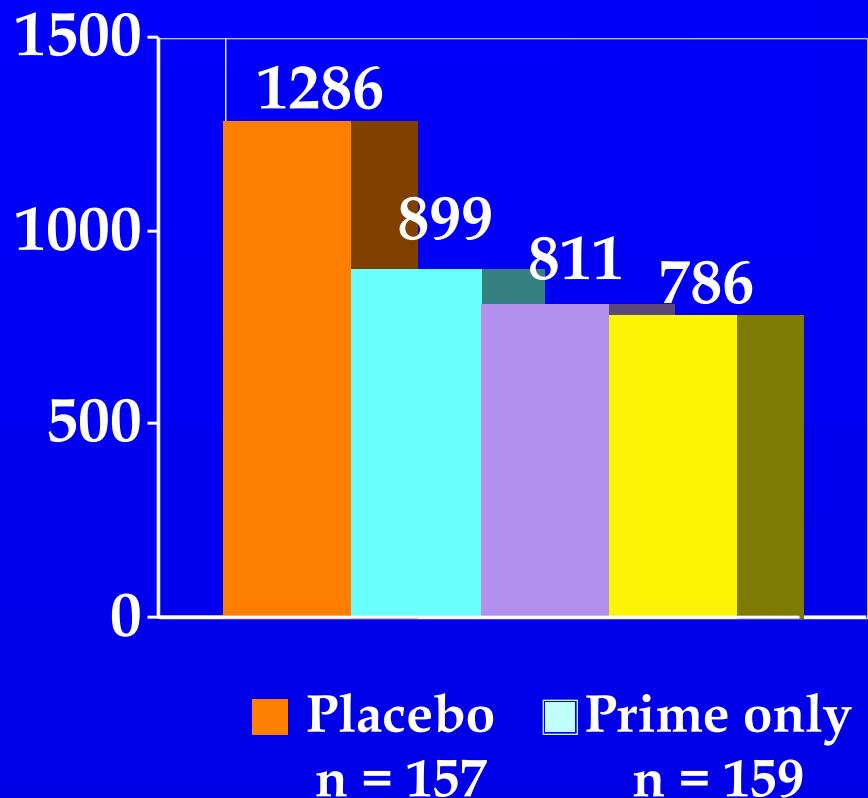
# Results of Differing Dose Regimens

Platelets	Thoracic Drainage (mL)	Units Given RBC
Placebo	1,121±683  5.4±14.6	4.1±6.2
Half Dose	866±1636  3.3±15.4	4.8±11.8
Full Dose	720±753  1.6±6.3	2.1±4.2

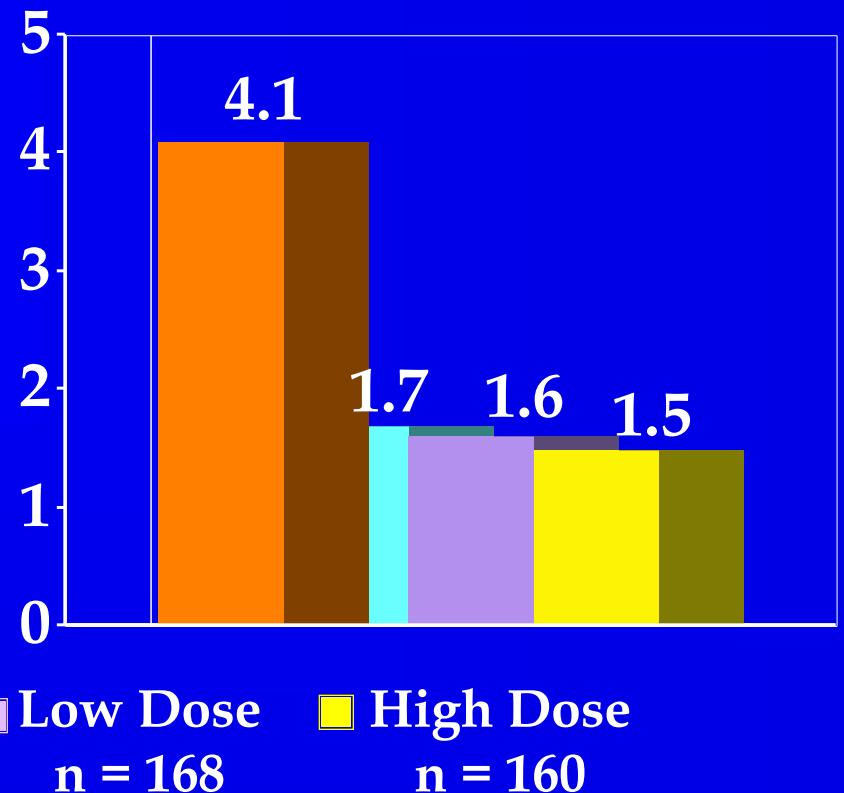
Cosgrove et al Ann Thorac Surg 1992;54:1031-38

# Comparative Dose Trial in Repeat CABG Surgery

Thoracic Drainage (mL)

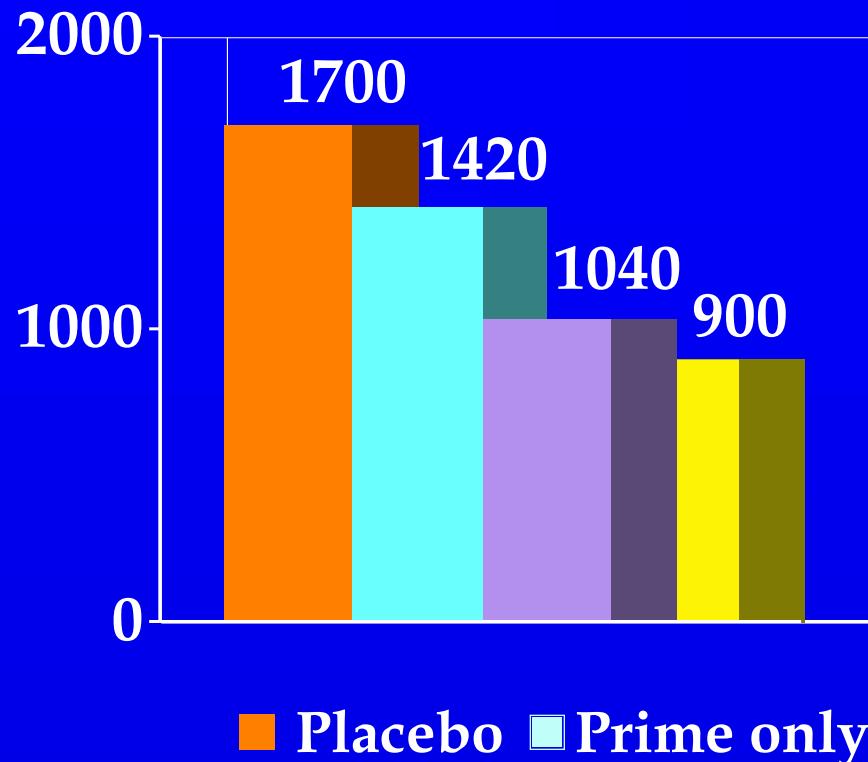


Total Units Transfused

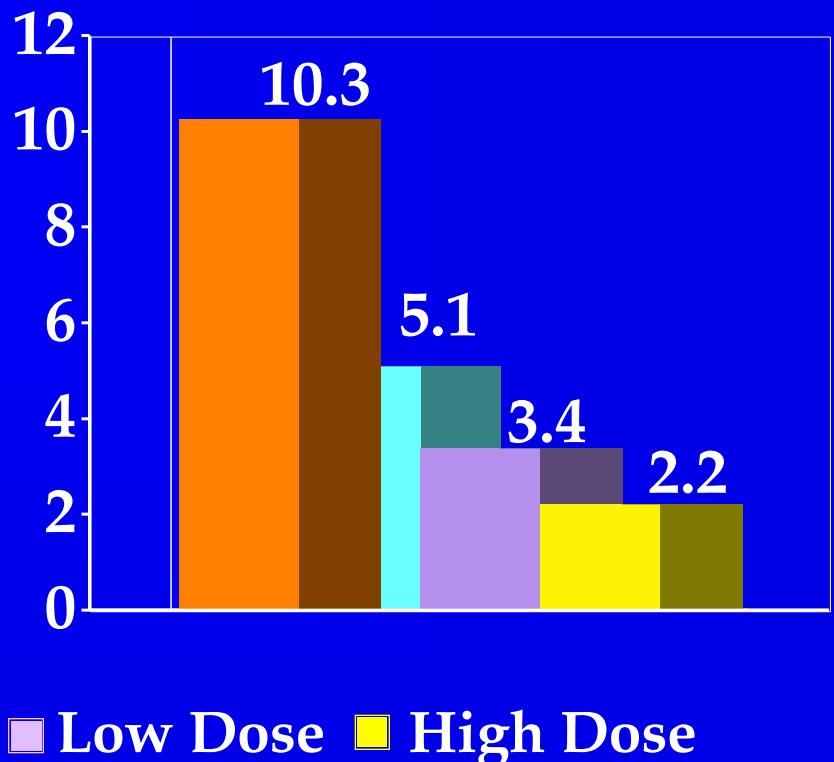


# Comparative Dose Trial in Repeat CABG Surgery

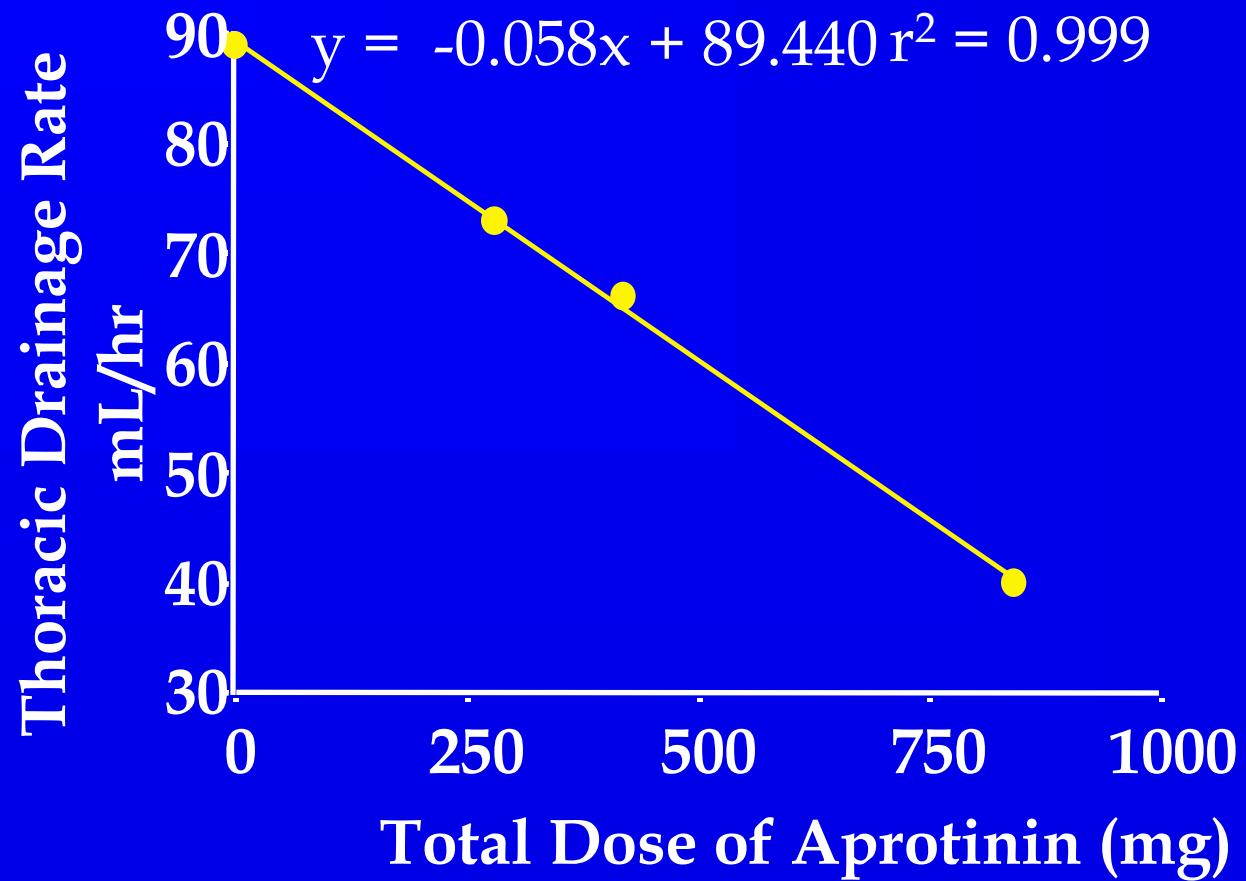
Thoracic Drainage (mL)



Total Units Transfused

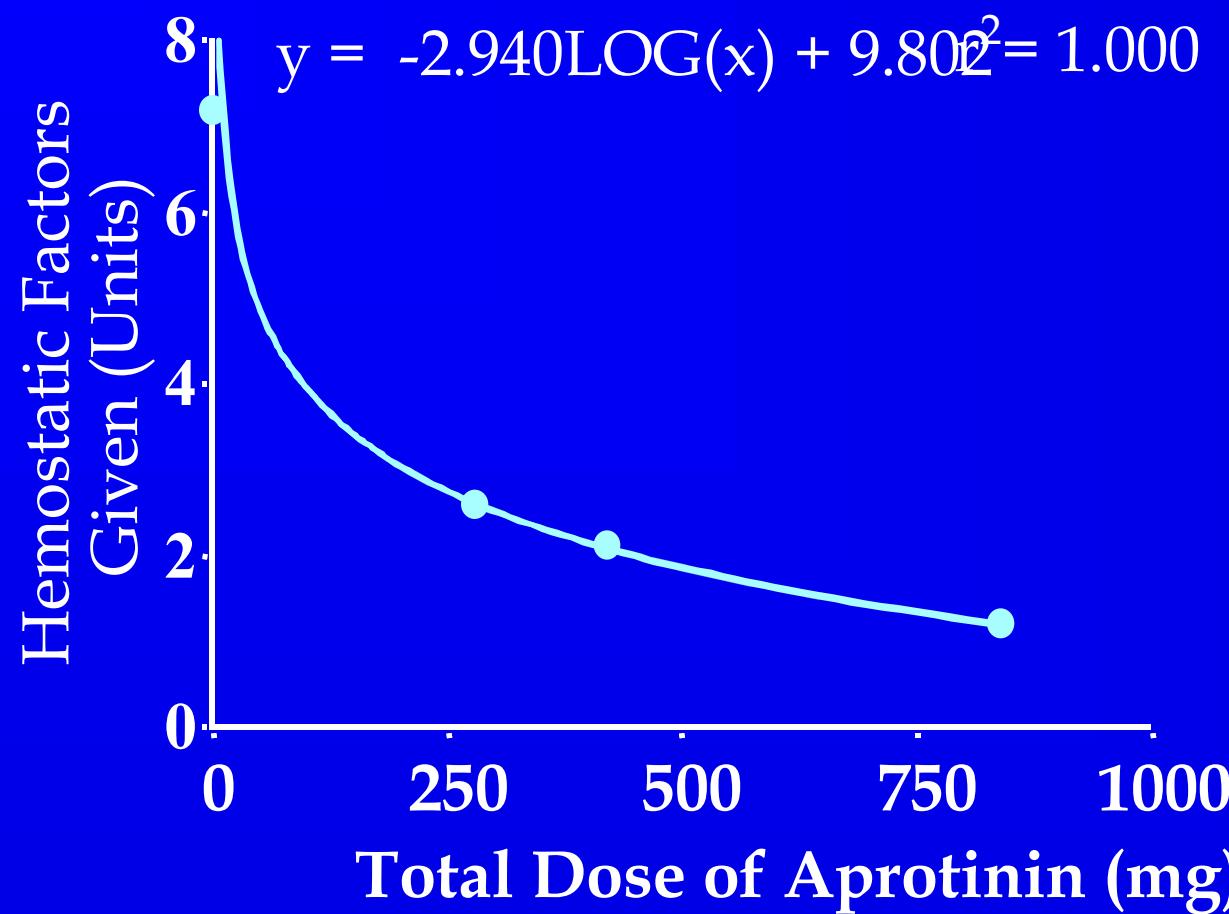


# Aprotinin Dose vs Thoracic Drainage Rate



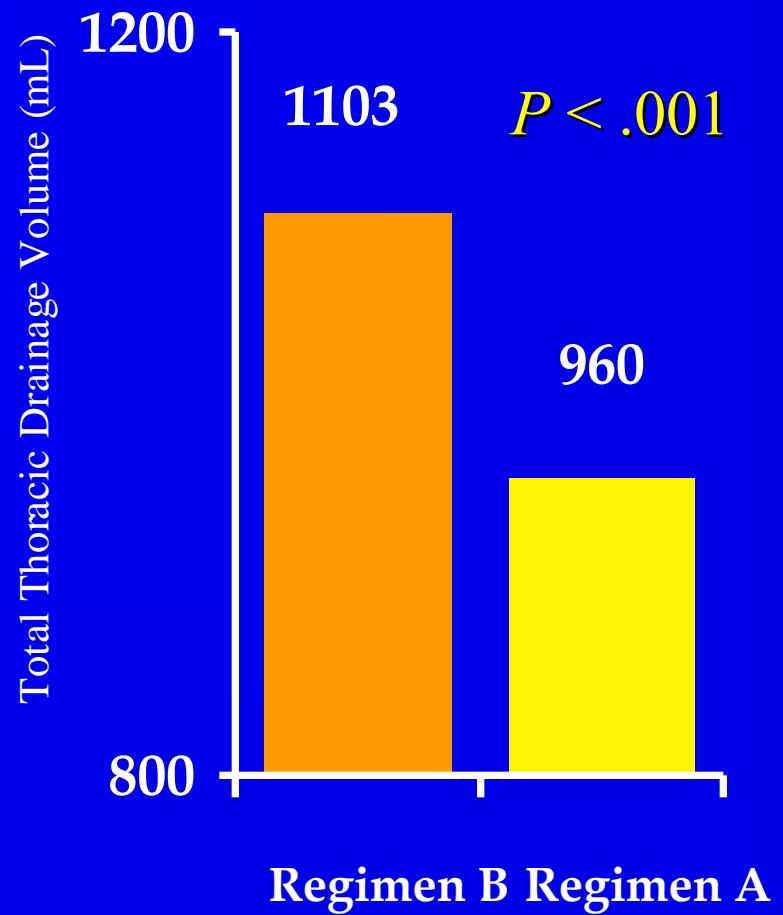
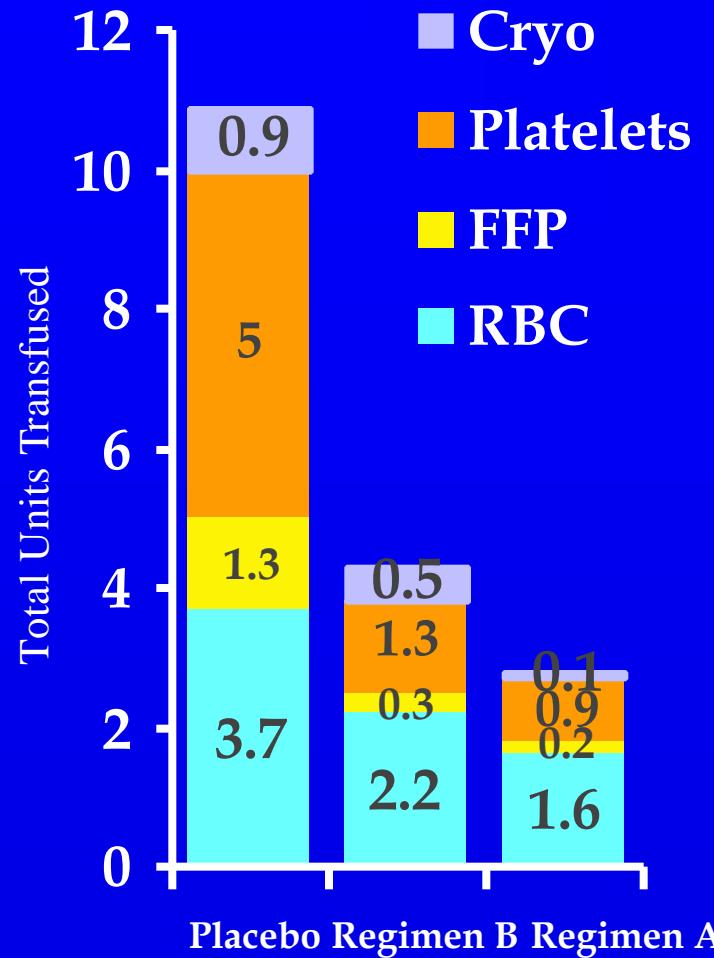
Royston D. In: Machiraju VR, ed. Redo Cardiac Surgery in Adults.  
New York: CME Network, 1998:10-22.

# Aprotinin Dose vs Hemostatic Factors Given

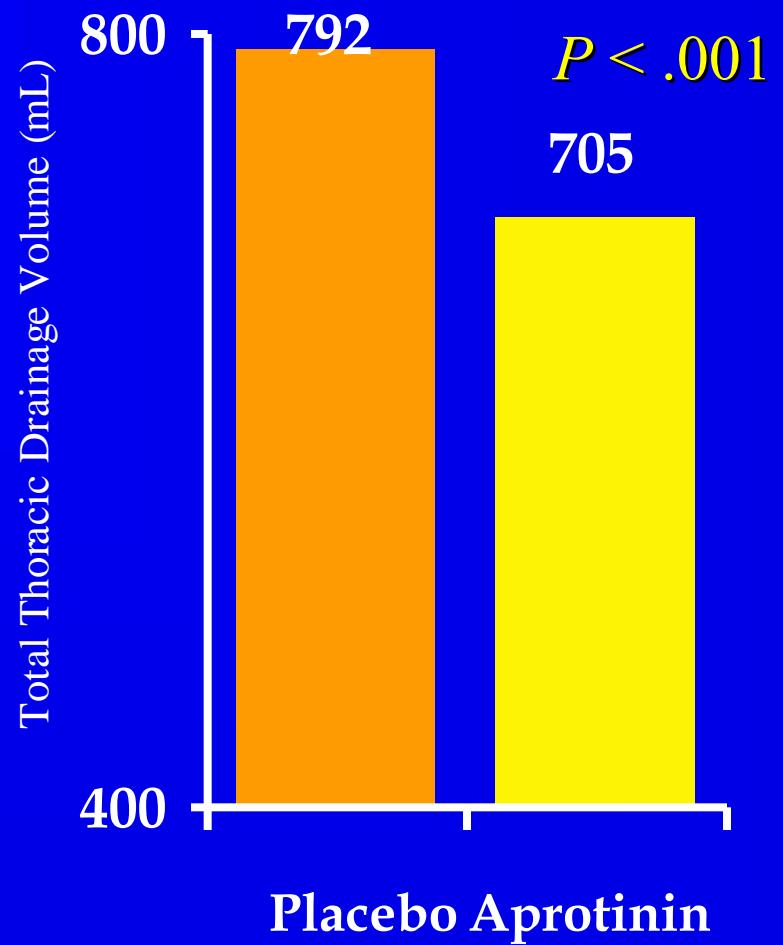
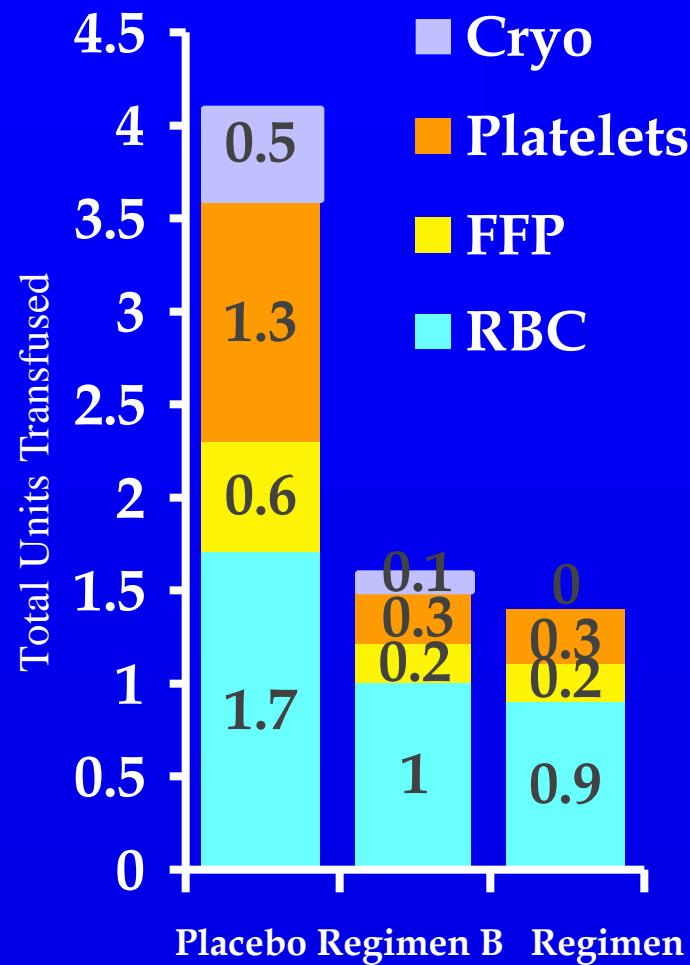


Royston D. In: Machiraju VR, ed. Redo Cardiac Surgery in Adults.  
New York: CME Network, 1998:10-22.

# Aprotinin Use in Repeat CABG Operations



# Aprotinin Use in Primary CABG Operations



# Selected Cost Factors Related to CABG

- Drug
- Monitoring
- Blood products
- Single donor platelets
- Blood product -associated complications
- Operating room times - surgical/anesthetic
- Re-exploration
- Myocardial infarction
- Stroke
- Length of stay - ICU/hospital

# Selected Cost Factors Related to CABG

- Drug
- Monitoring
- Blood products (\$60-\$100/unit)
- Single donor platelets (\$250-\$500/unit)
- Blood product associated complications
- Operating room times
  - \_ surgical costs (\$5-\$15/min)
  - \_ anesthetic costs
- Re-exploration (\$3,000-\$20,000)
- Myocardial infarction
- Stroke
  - \_ in hospital (\$10,000-\$30,000)
  - \_ out of hospital (\$100,000-\$250,000)
- LOS- ICU/Hospital (\$800-\$2,500/day)

# Cardiac Surgery Impairs Hemostasis



## Inhibition of Hemostasis

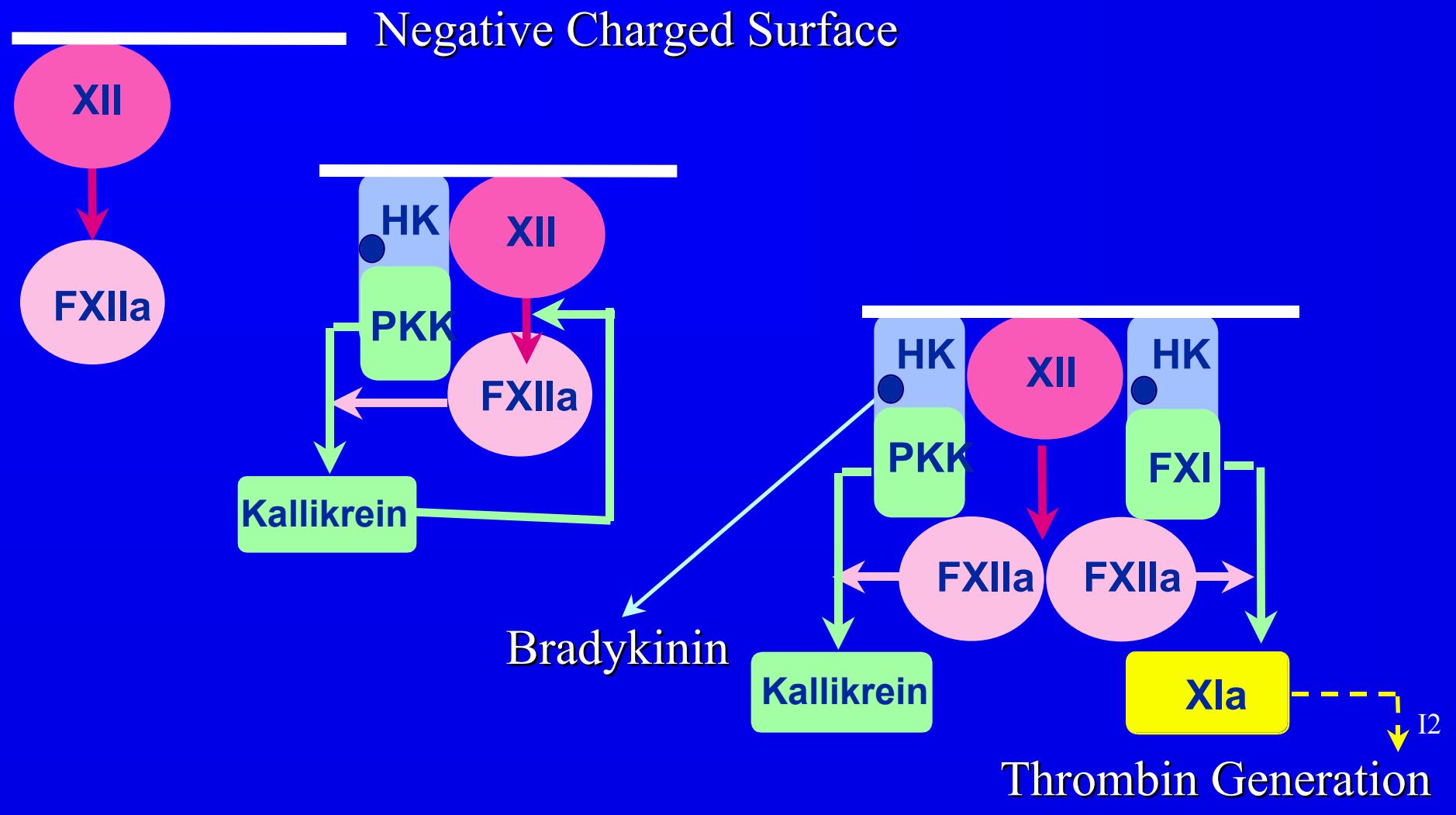
- hypothermia
- hemodilution
- heparin / protamine
- preoperative drug therapies

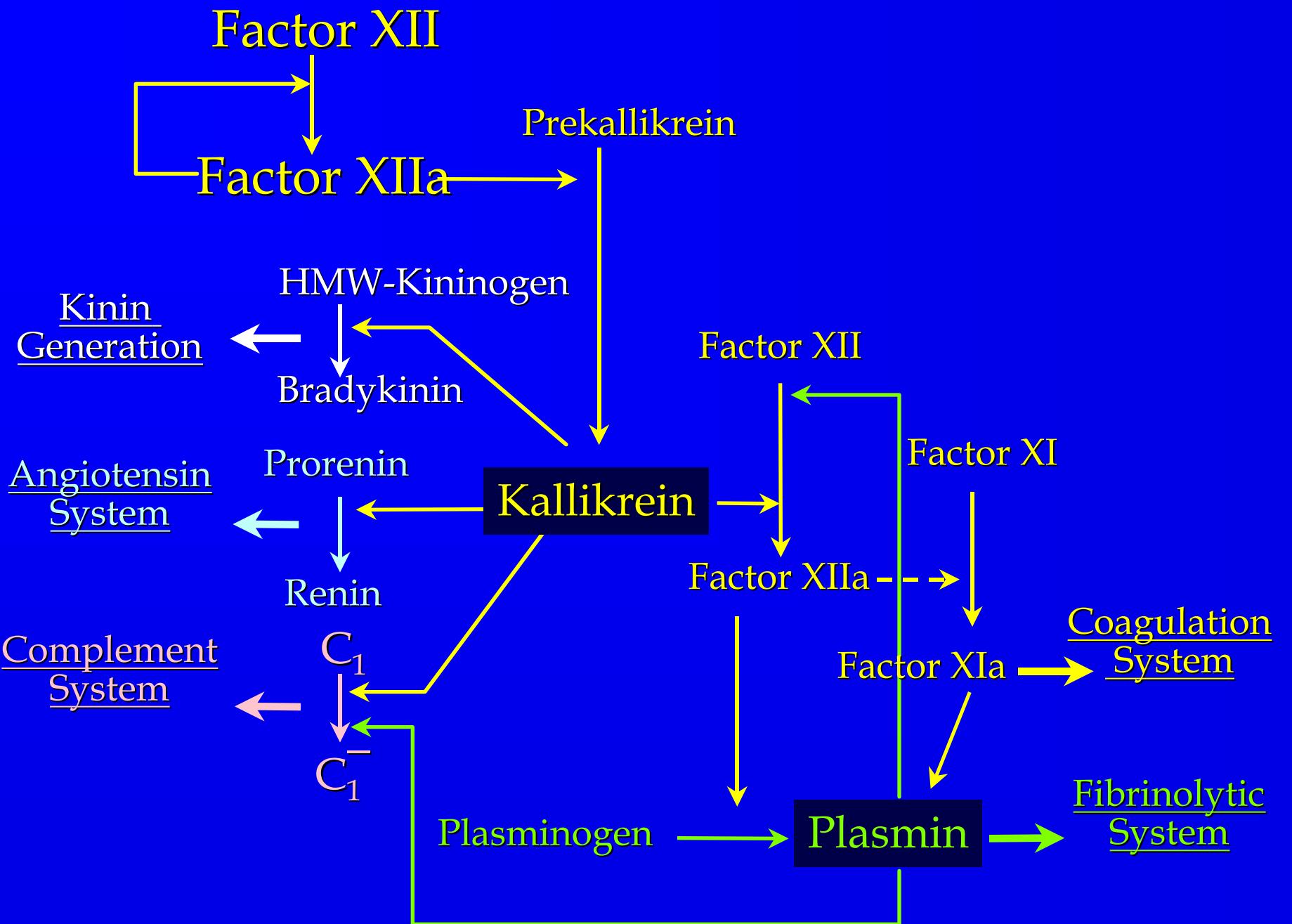
## Extrinsic Pathway Activation

- pericardial shed blood
- reperfusion of heart and lungs
- local thrombin generation

## Contact Activation of Factor XII

# Contact Activation - The Role of Kallikrein





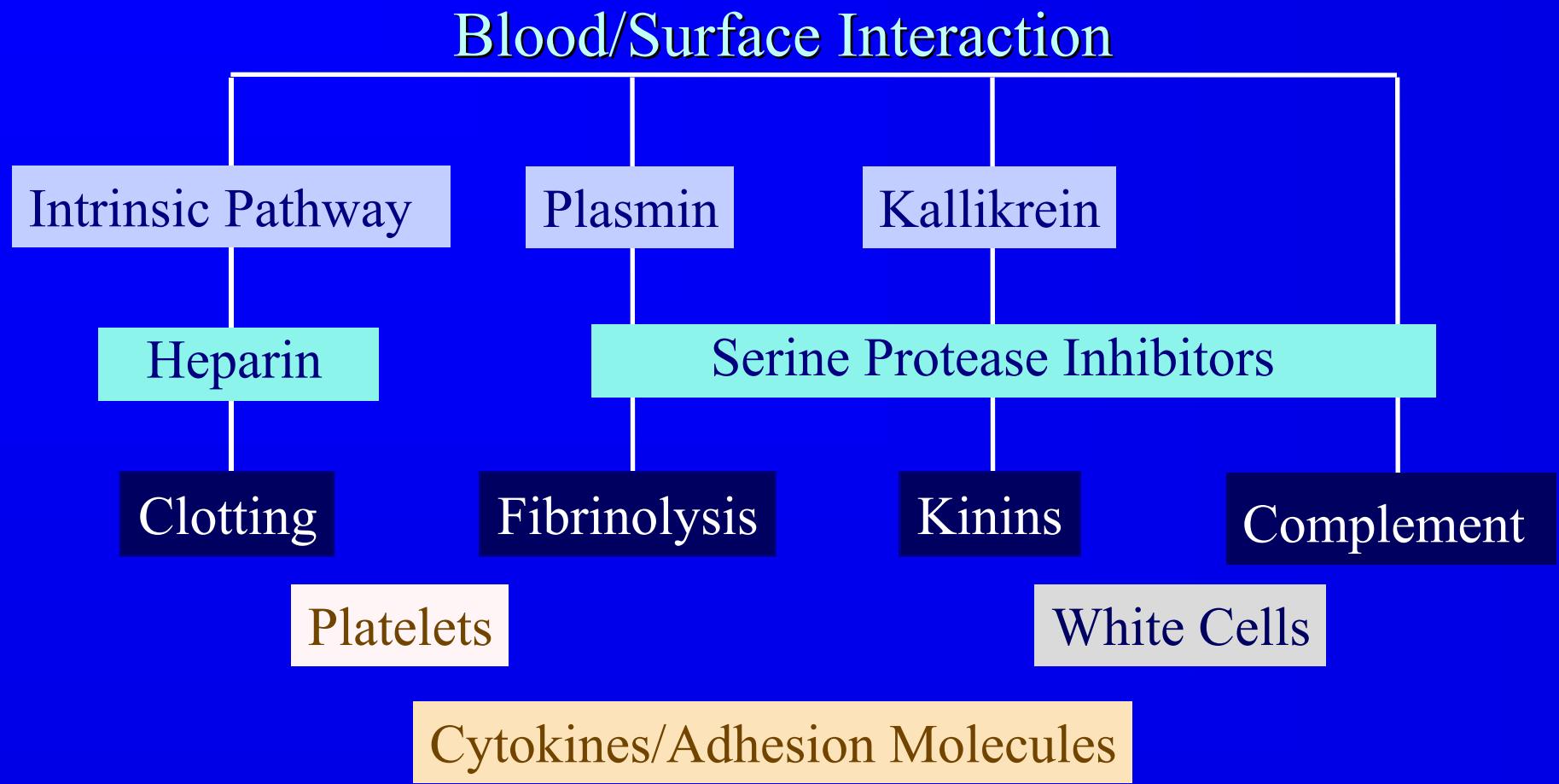
# The Insult of Cardiopulmonary Bypass

Contact of Blood with the Foreign Surface of  
the Bypass Circuit May Activate:



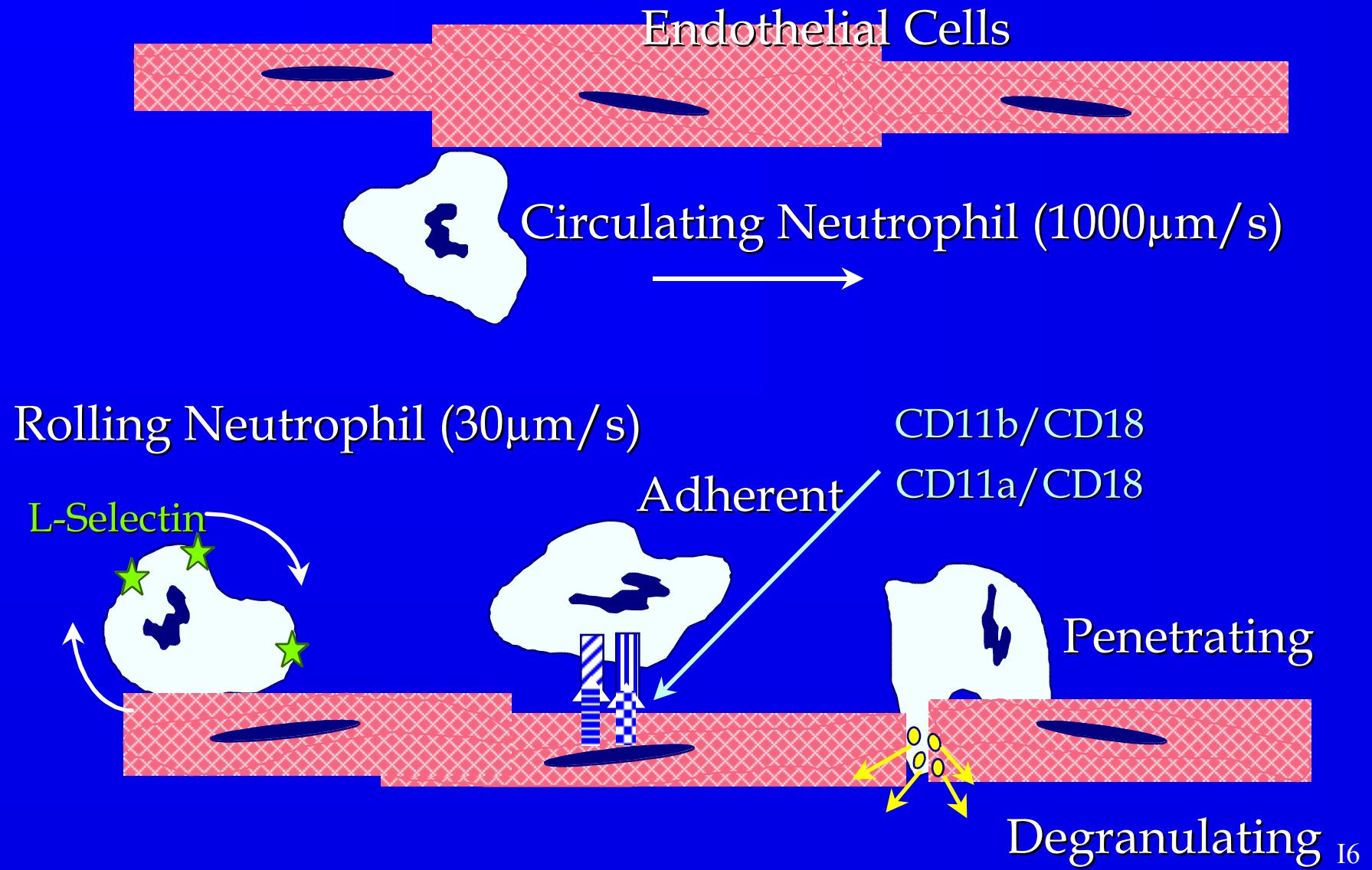
- White cells and platelets
- Complement System
- Coagulation System
- Kinin Generation
- Fibrinolytic System

# Contact Activation of Blood Proteins



**Systemic Inflammatory Response**

# Neutrophil Adhesion Processes



# Systemic Inflammatory Response to CPB

- The systemic response to bypass is a result of the interrelated activation of:
  - Hemostasis
  - Fibrinolysis
  - Cellular and humoral inflammatory systems
- Aprotinin's action to inhibit serine proteases (e.g., kallikrein, plasmin) attenuates:
  - Inflammatory responses
  - Fibrinolysis
  - Thrombin generation

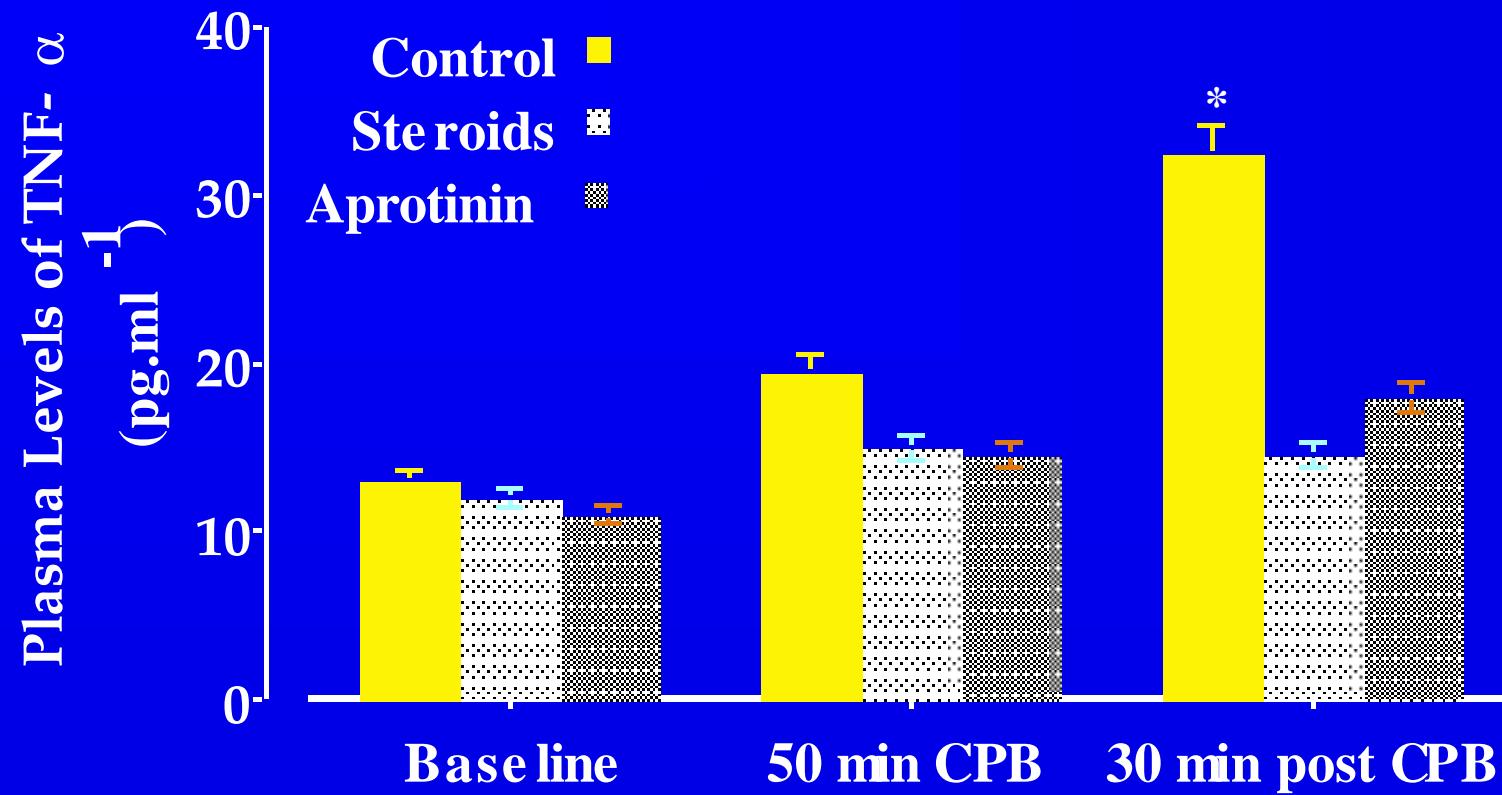
# Anti-inflammatory Action of Aprotinin

Aprotinin inhibits pro-inflammatory cytokine release and maintains glycoprotein homeostasis

- Platelets - reduces glycoprotein loss  
(e.g., GpIb, GpIIb/IIIa)
- Granulocytes - prevents the expression of pro-inflammatory adhesive glycoproteins  
(e.g., CD11b)

# Antiinflammatory Actions of Aprotinin

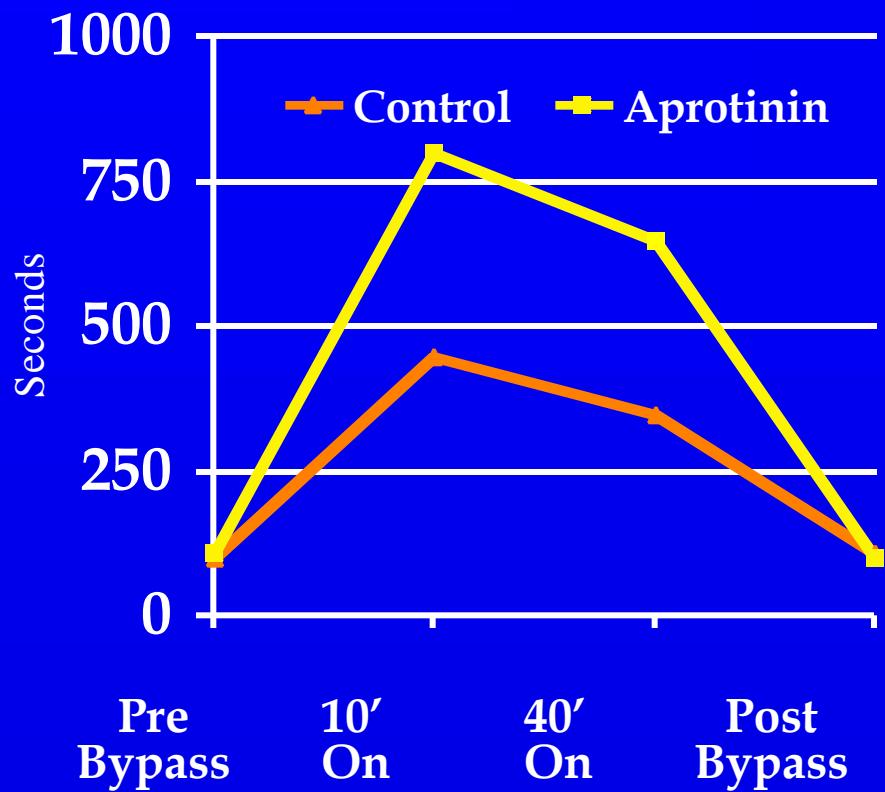
## Suppression of ProInflammatory Cytokine Release



Hill et al J Thorac Cardiovasc Surg 1995;110:1658-62

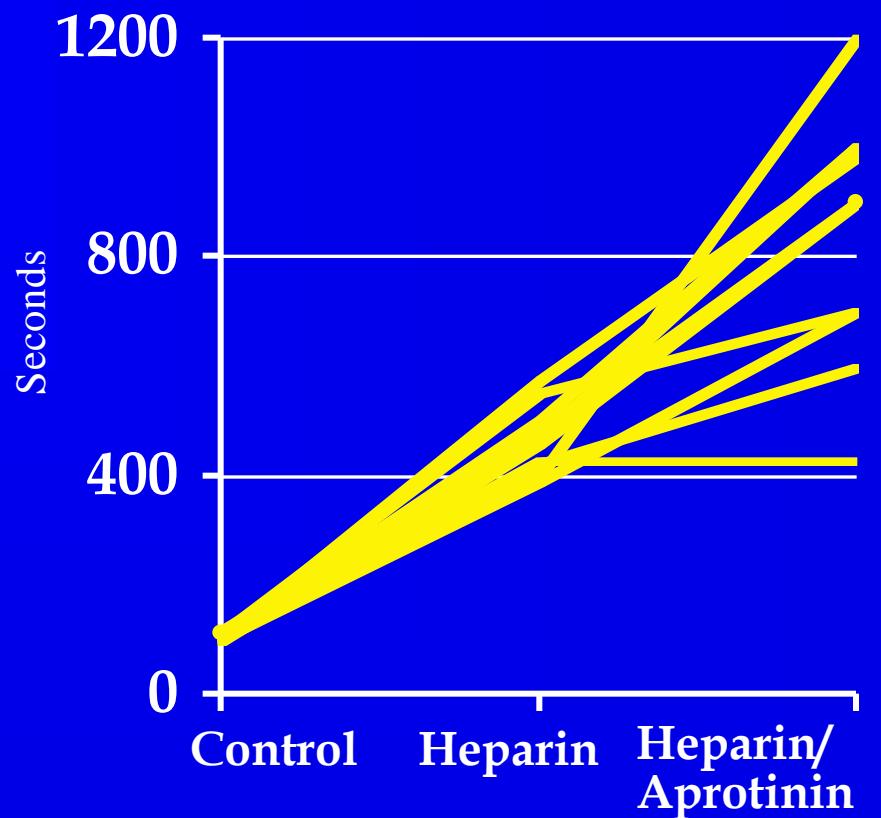
# The ACT and Aprotinin

## *In vivo Action*



Royston D  
J Cardiothorac Anesth 1989;3:80

## *In vitro Action*



Royston D  
In: Pifarre R, ed. 1993

# Monitoring Anticoagulation With Aprotinin

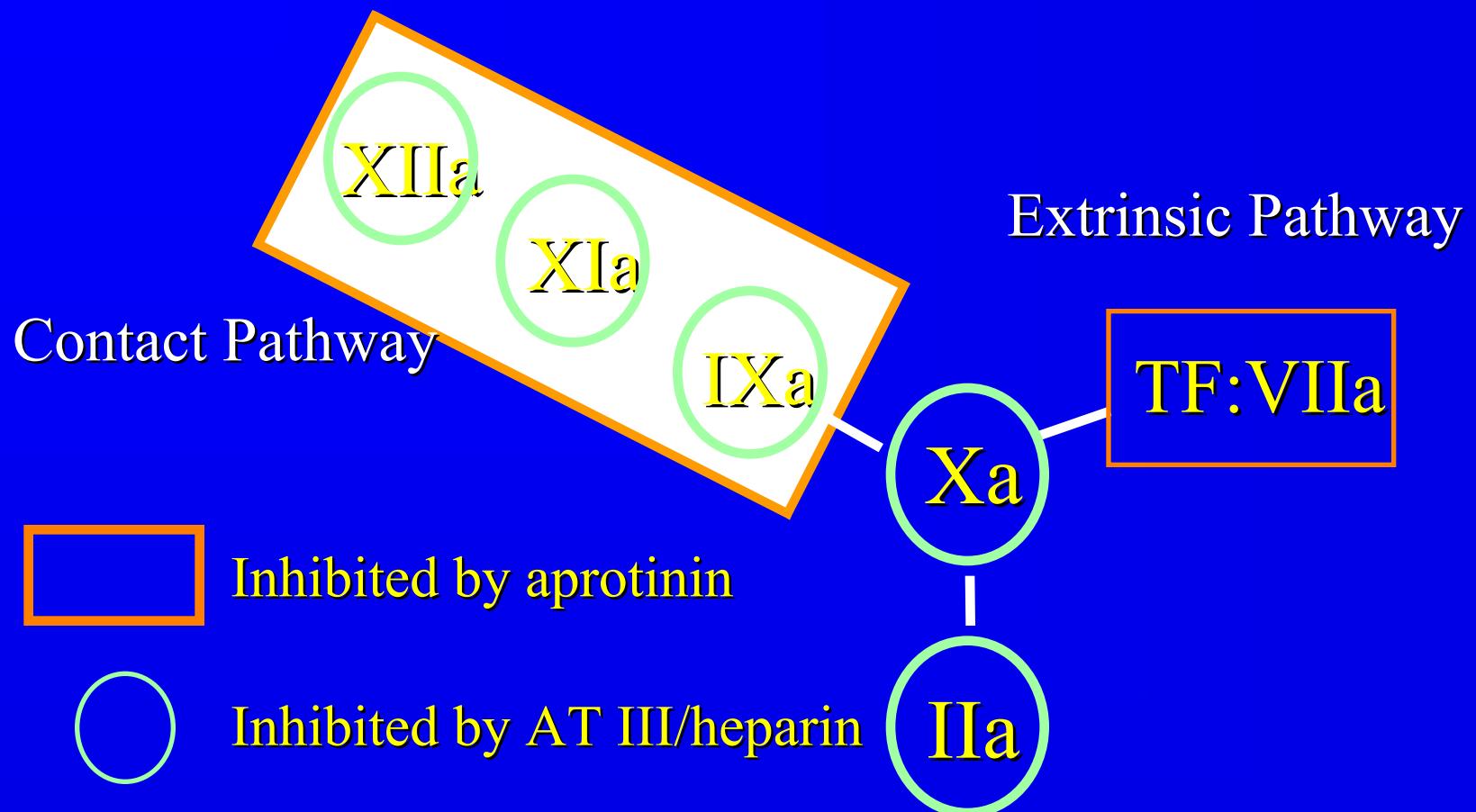
- Maintain celite-based ACT values at 750 seconds  
OR
- Maintain kaolin-based ACT values at 480 seconds  
OR
- Give additional heparin in a fixed-dosage regimen  
OR
- Use heparin/protamine titration, a monitoring test that does not rely on contact activation

# DHCA and Heparinization Management

Appropriate heparinization schedules must be used to ensure anticoagulation throughout the bypass procedure

- Activated clotting time (ACT) should be maintained at more than 1000 seconds during the procedure
- To achieve this may require a larger loading dose of heparin and an additional bolus of heparin prior to initiation of circulatory arrest

# Aprotinin and Heparin Inhibition



# Coagulation Monitoring With Aprotinin

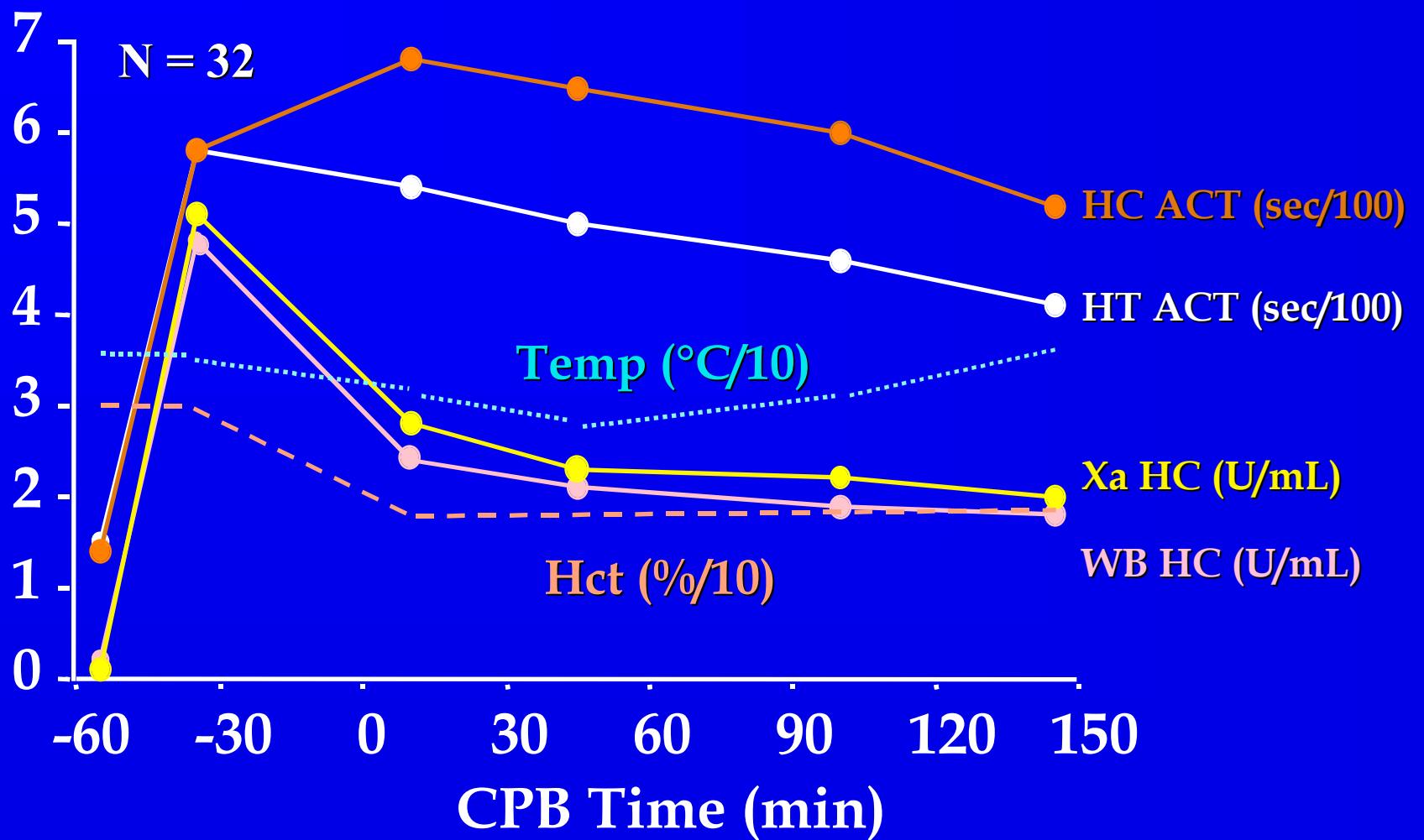
## Activated Clotting Time (ACT)

- Celite 750 seconds
- Kaolin 480 seconds

Independent of the effects of  
hemodilution and/or hypothermia  
(Difficult to quantify during CPB)

Trasylol Prescribing Information, Bayer Corporation

# Limitations of ACT in Heparin Monitoring



Despotis et al J Thorac Cardiovasc Surg 1994;108:1076-82

# Coagulation Monitoring With Aprotinin

## Fixed Heparin Dosing

- Loading dose + pump prime = at least 350 IU/kg
- Additional heparin should be given based on:
  - \_ Patient weight
  - \_ Length of CPB
- Heparin elimination
  - \_ e.g. 1/3 initial dose in U/kg every 45 min

# Coagulation Monitoring With Aprotinin Heparin-Protamine Titration

- A heparin dose response, assessed by protamine titration, should be performed prior to aprotinin administration to determine heparin loading dose
- Maintain heparin levels during CPB at least above 2.7U/mL
- Maintenance of patient-specific pre-CPB reference (whole blood heparin concentration associated with kaolin ACT of approximately 480 seconds)

# Coagulation Monitoring With Aprotinin

## Heparin Reversal With Protamine

- Amount of protamine administered based on the amount of heparin given (e.g. 0.5-0.7 mg protamine:mg total heparin\*), not the ACT value

\* Despotis et al J Thorac Cardiovasc Surg 1995;110:46-54  
Trasylol Prescribing Information, Bayer Corporation

# Aprotinin Risk/Benefit Issues

- Hypersensitivity
- Mortality
- Myocardial Infarction
- Graft Patency
- Use with Hypothermic Circulatory Arrest
- Renal Function
- Stroke
- Miscellaneous Adverse Events

# Incidence of Hypersensitivity Reactions

Including mild skin rash, bronchospasm,  
and anaphylaxis

## Incidence

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No prior exposure \*  
<0.1%

Reexposure within six months \*\*  
5.0%

Reexposure after six months \*\*  
0.9%

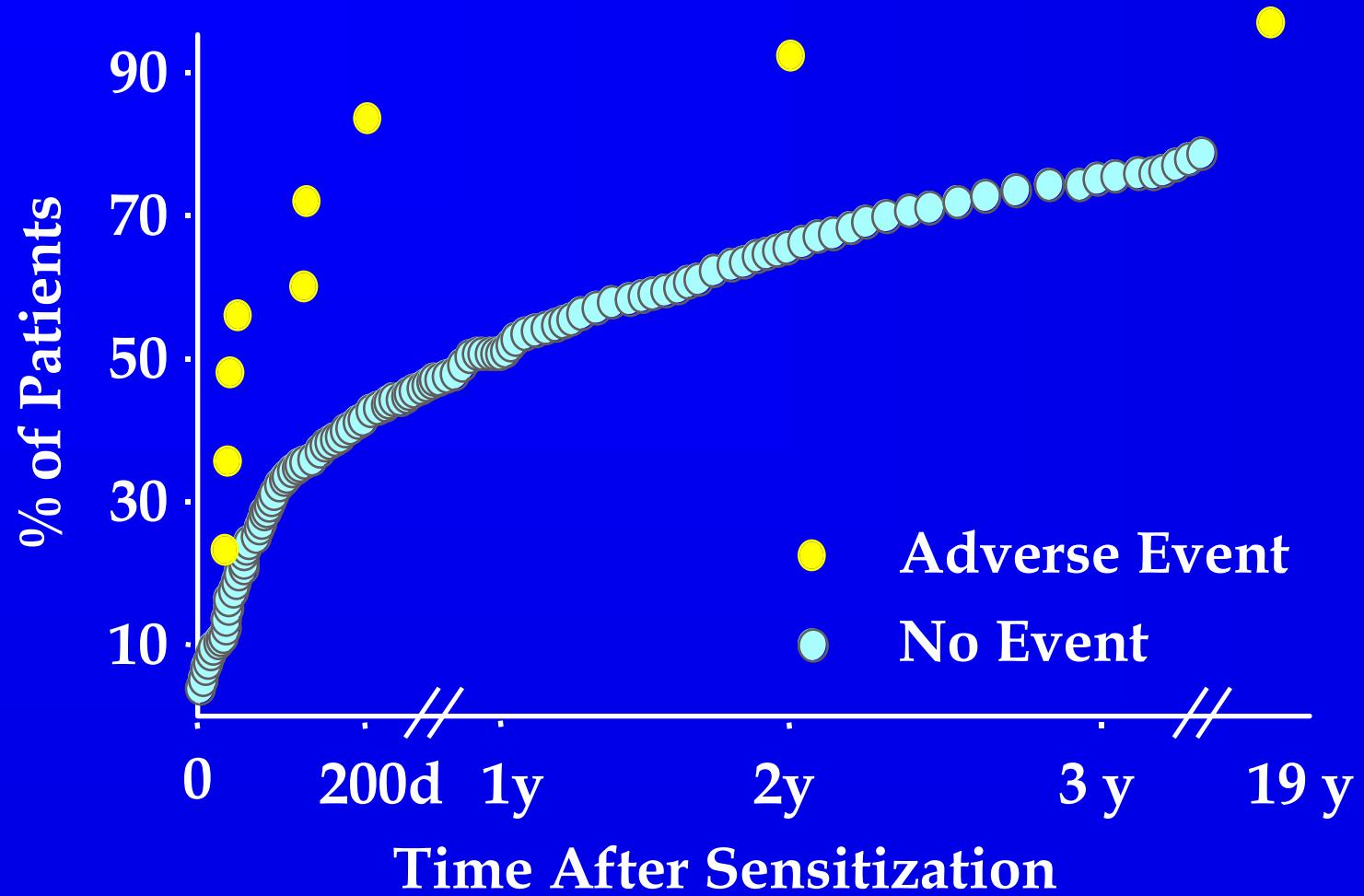
\* Bayer Corporation, Data on File

\*\* Dietrich et al Ann Thorac Surg 1998;65:S60-4

# Epidemiology of Serious Hypersensitivity Reactions

- Treated patients > 3000
- Known prior exposure ~ 200
- Major hypersensitivity 1

# Hypersensitivity Reactions to Aprotinin



Dietrich et al J Ann Thorac Surg 1998;65:S60-64

# Testing for Hypersensitivity

- All patients should first receive a test dose of Trasylol to assess the potential for allergic reactions
- The 1 mL test dose should be administered intravenously at least 10 minutes before the loading dose
- Even after the uneventful administration of the test dose, the full therapeutic dose may cause anaphylaxis
- If this happens, the infusion should be stopped immediately and emergency treatment for anaphylaxis should be applied

# Management Recommendations

## Patients With Prior Exposure

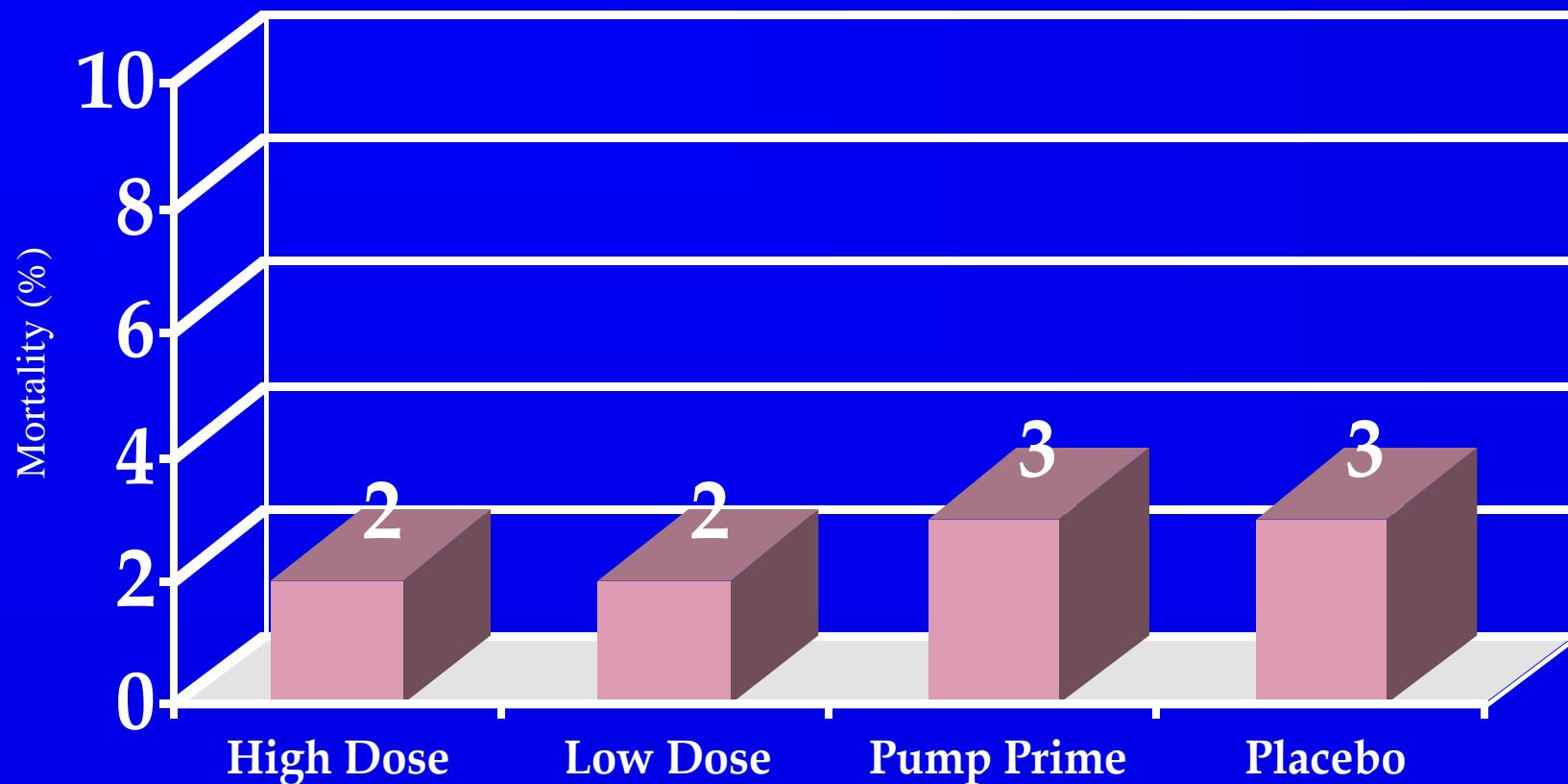
- Have standard emergency treatments for hypersensitivity or anaphylactic reactions readily available in the operating room
- Administration of the test dose and loading dose should only be done when the conditions for rapid cannulation (if necessary) are present
- Delay the addition of Trasylol® into the pump-prime solution until after the loading dose has been safely administered
- Additionally, administration of H<sub>1</sub> and H<sub>2</sub> blockers 15 minutes before the test dose may be considered

Trasylol® Prescribing Information, Bayer Corporation

# Aprotinin-Drug Interactions

- Blocks the anti-hypertensive action of Captopril
- Inhibits action of thrombolytic agents *in vitro* and in animal studies
- Interferes with assays used to assess adequate heparinization during CPB

# Mortality Rates Primary CABG Surgery



Lemmer et al Ann Thorac Surg 1996;62:1659-68

# Diagnosis of Myocardial Infarction

Based on Evaluation by a Blinded Core Laboratory

- Electrocardiogram
- Creatine kinase and CK-MB
- SGOT
- Lactic dehydrogenase

# Definition of Myocardial Infarction

## Definite MI

- Defined by a definite new Q wave on the EKG, or CK-MB levels  $\geq 120$  U/L at 6, 12, and 18 h postop

## Definite or Probable MI

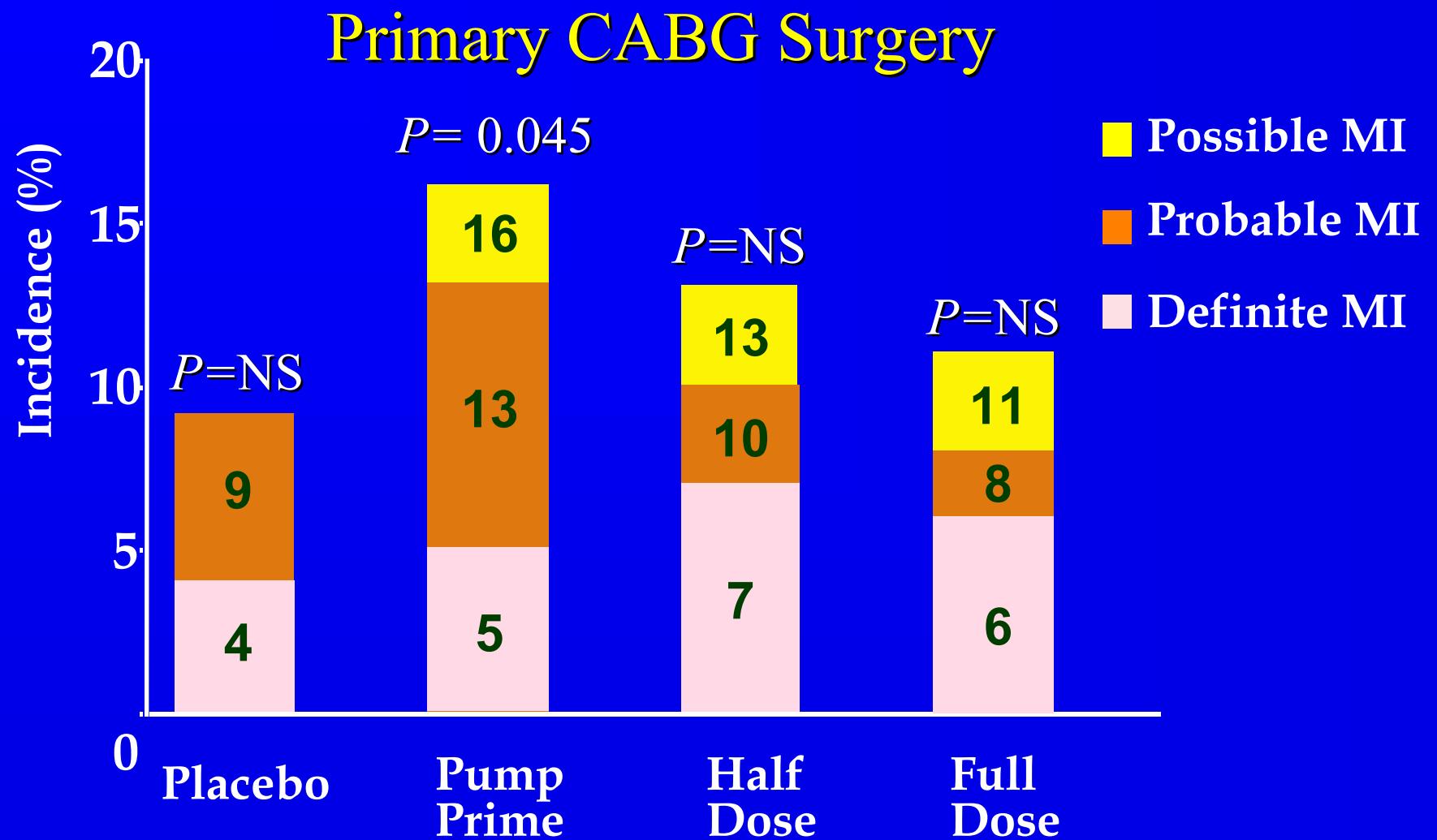
- Based on any or all of the information, including but not limited to enzyme values

## Definite, Probable, or Possible MI

- Based on any and all information

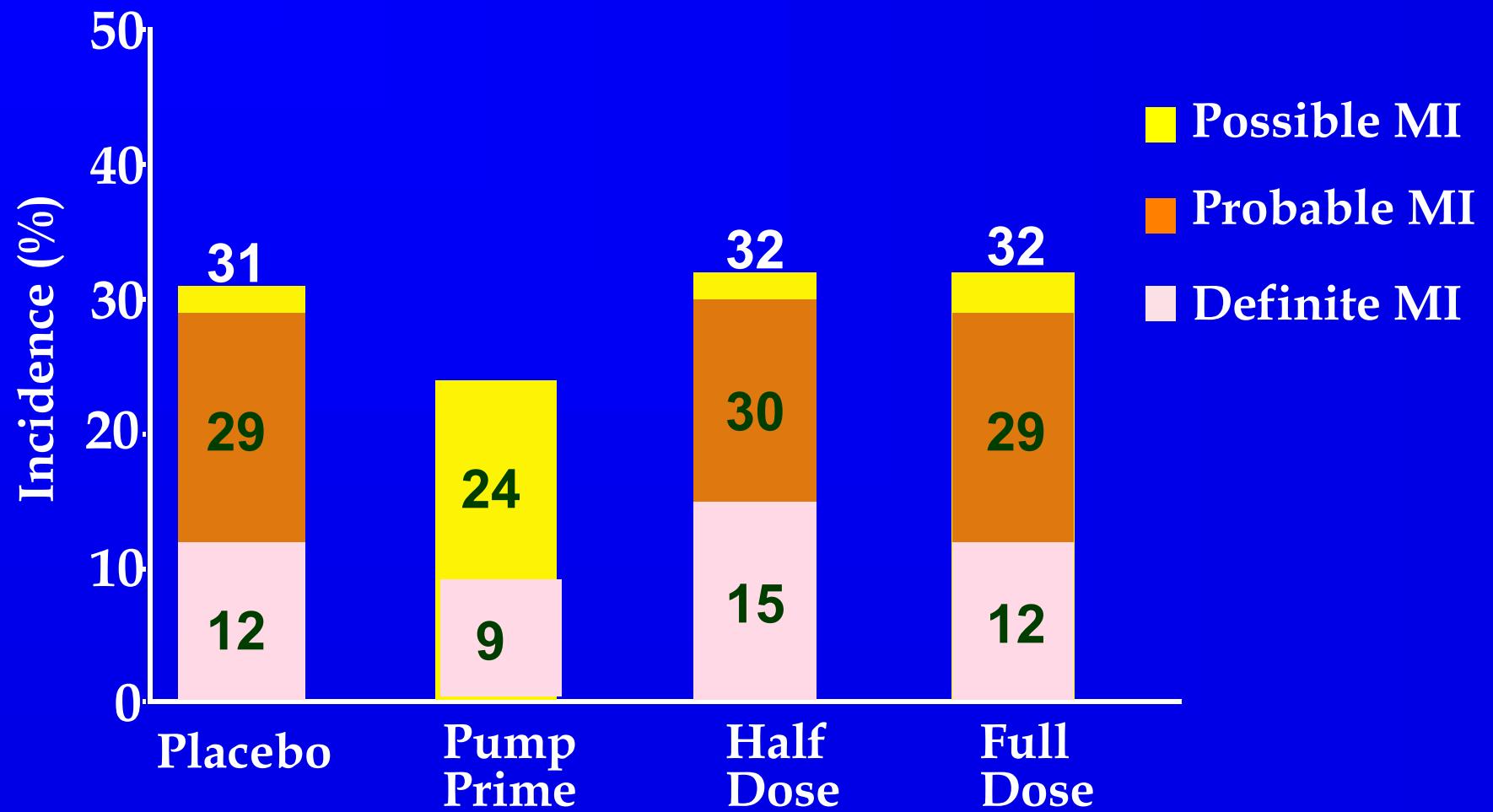
## No MI

# Incidence of Myocardial Infarction



Lemmer et al Ann Thorac Surg 1996;62:1659-68

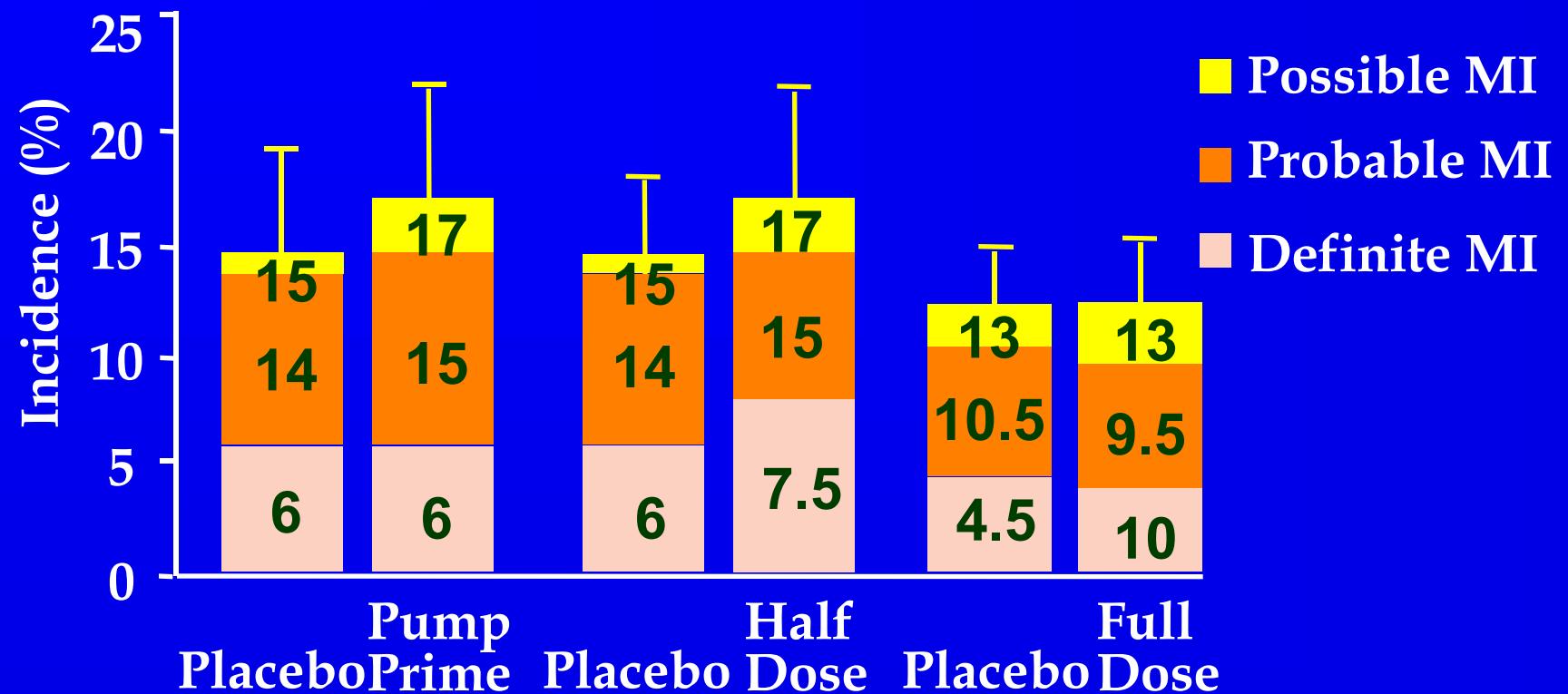
# Incidence of Myocardial Infarction Repeat CABG Surgery



Levy et al Circulation 1995;92:2236-44

# Incidence of Myocardial Infarction

## Effect of Aprotinin Dosing Regimens



Smith PK and Muhlbauer LH Ann Thorac Surg 1996;62:1575-7

# Graft Patency Rates

Analysis by Graft	Placebo		Aprotinin	
	Occluded	Total	Occluded	Total
Bidstrup 1993 MRI	4	138	5	131
Havel 1994 Angio	2	40	2	39
Lemmer 1994 CT	8	163	14	176
Kalangos 1994 Angio	1	139	2	142
Lass 1995 Angio	13	102	13	124

# Mortality Rates

Randomized Placebo Controlled Trials (2512 patients)

		High Dose (%)	Low Dose (%)	Placebo (%)
Cosgrove	1992	7	9	7
Lemmer	1994	6	-	4
Murkin	1994	6	-	0
Levy	1995	7	11	7
D'Ambra	1996	4	3	0
Lemmer	1996	2	2	3
Alderman	1998	1	-	2

# Factors Affecting Graft Patency

## Quality of Artery

- If > 2mm = occlusions in 17.6%
- If < 2mm = occlusions in 42.3%

## Technique of Anastomosis of Distal End

- Single anastomosis failure in 9.2%
- Sequential anastomosis failure in 4.3%

## Surgical Center

- Failure rate between centers showed a range of 7.1% to 57.1%

Refers to valve replacement (All NDA studies summarized-these data in Product Information)

Ollivier Arch Mal Cœur 1991;84:537-42

# US Multicenter Vein Graft-Occlusion Study

Primary CABG Surgery

164 Patients at 5 Centers Evaluated by Ultrafast CT Scans

	Aprotinin	Placebo	<i>P</i>
By Patient	13/83 15.7% NS	7/81 8.6%	
By Graft	14/176 8.0% NS	8/163 4.9%	

Lemmer et al J Thorac Cardiovasc Surg 1994;107:543-53

# US Multicenter Vein Graft-Occlusion Study

## Single-Center Analysis

	Aprotinin	Placebo
Occluded grafts	5/43 (11.6%)	0/38 (0%)
Poor target vessel	8/43	0/38

No differences between treatment groups in the incidence of perioperative MI assessed by enzymes or electrophysiology

# US Multicenter Vein Graft-Occlusion Study

	All	1 Center	4
Centers			
<hr/>			
By Patient			
Aprotinin (11.8%)	13/83	5/16	8/67
Placebo (10.8%)	7/81	0/16	7/65
By Graft			
Aprotinin (6.8%)	14/176	5/43	9/133
Placebo (6.4%)	8/163	0/38	8/125
<hr/>			

Lemmer et al J Thorac Cardiovasc Surg 1994;107:543-53  
Laub et al Chest 1994, 106: 1370-75

# International Multicenter Aprotinin Graft Patency Experience (IMAGE)

## Study Sites

- 10 US; 2 Israel; 1 Denmark

## Patient Population

- 870 primary CABG patients randomized to receive placebo or full-dose aprotinin

## Study Evaluations

- Graft patency
- Incidence of myocardial infarction
- Mortality
- Blood loss and transfusion requirements

# IMAGE

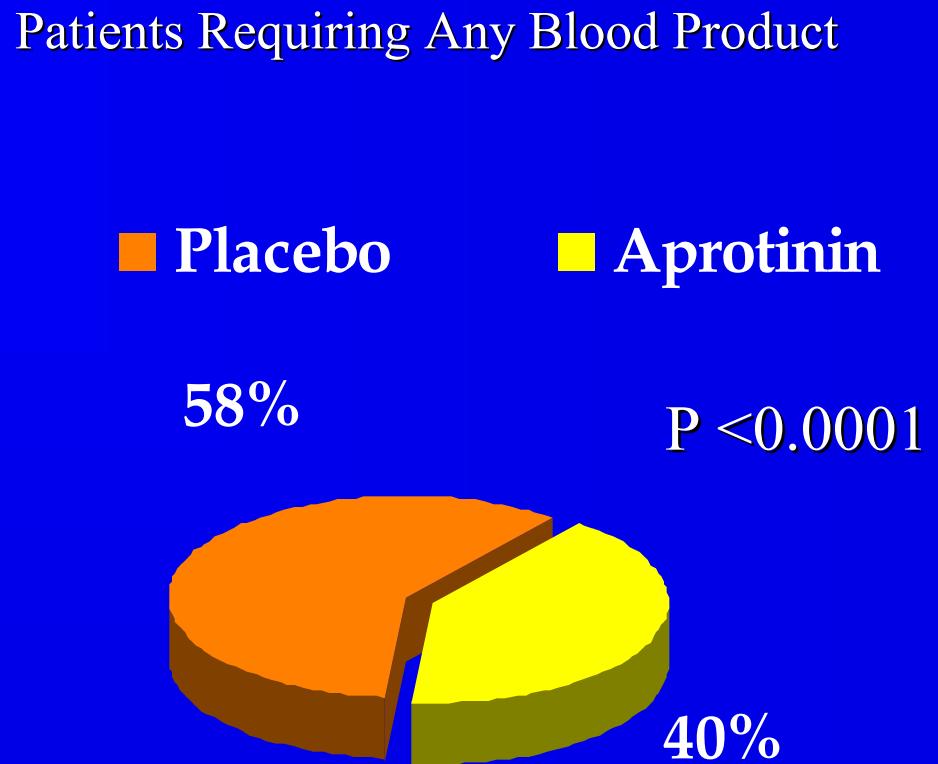
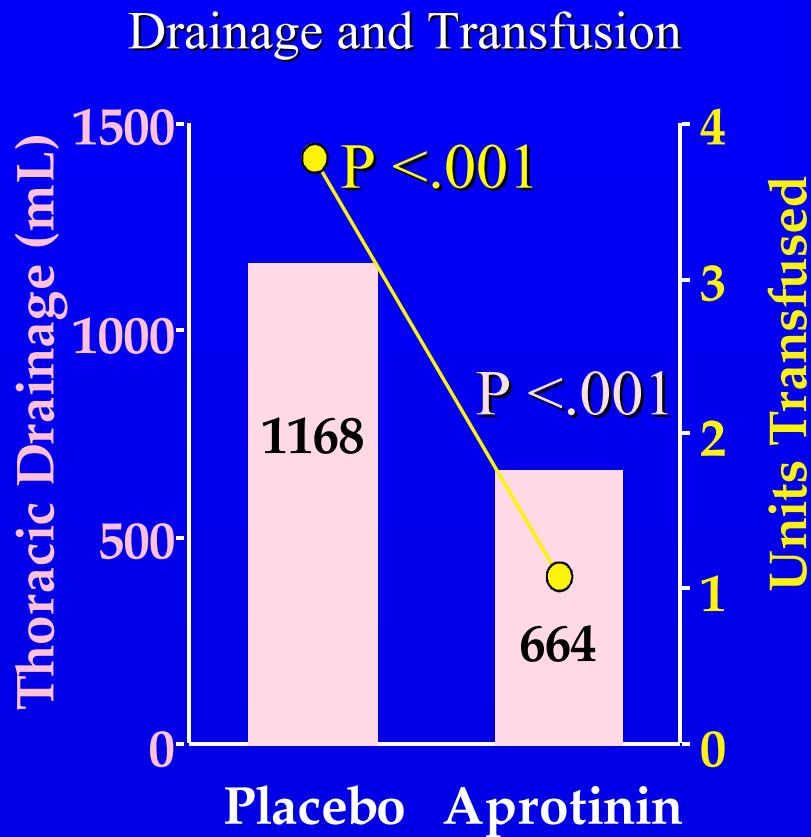
796 (91%) Patients assessable for blood loss/usage

703 (81%) Patients assessable by angiography for saphenous vein-graft patency  
(at mean of 10.8 days postop)

831 (95%) Patients assessable for MI by ECG and cardiac enzyme evaluation

# IMAGE Study

## Blood Loss and Blood Product Replacement



Alderman et al J Thorac Cardiovasc Surg 1998;116:716-30

# IMAGE Study

## Internal Thoracic Artery Graft Occlusion

	Aprotinin	No Aprotinin	<i>P</i> Value
Patients Assessed	326	304	
% with Occluded Grafts	1.8	1.00	.32

Alderman et al J Thorac Cardiovasc Surg 1998;116:716-30

# IMAGE Study

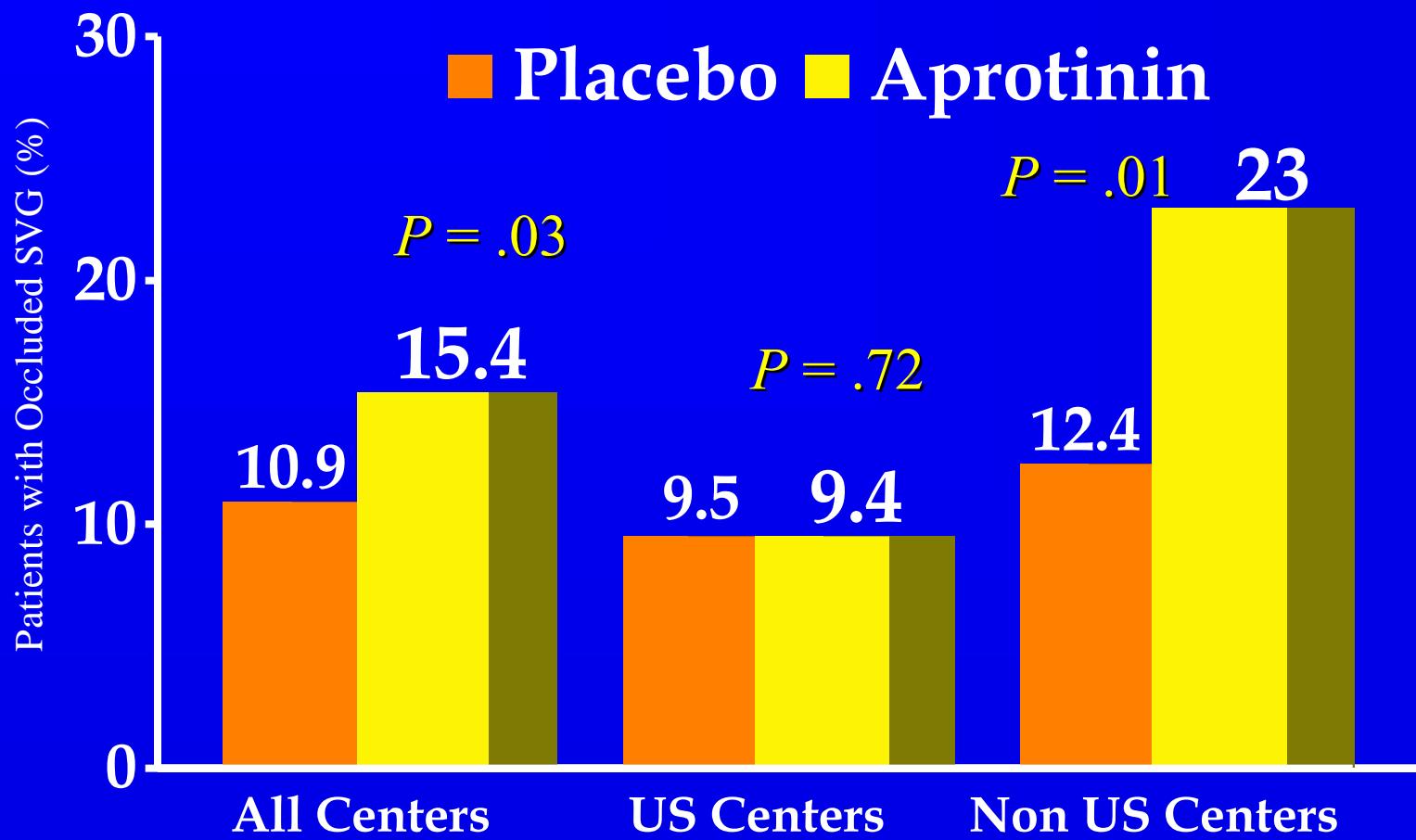
## Saphenous Vein Graft Occlusion and Clinical Events

	Overall Vein Graft Closure Rates		Incidence of MI	Incidence of Death
	All Centers (n = 703) %	US Centers (n = 381) %		
Aprotinin	15.4	9.4	2.9	1.4
Placebo	10.9	9.5	3.8	1.6

Alderman et al J Thorac Cardiovasc Surg 1998;116:716-30

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# IMAGE Study



Alderman et al J Thorac Cardiovasc Surg 1998;116:716-30

# IMAGE Study

Adverse Outcome	Placebo	Aprotinin
Death	1.6% (6/434)	1.4% (5/436)
Myocardial Infarction		
Definite	3.8% (16/421)	2.9% (12/410)
Def+probable	9.1% (38/418)	8.6% (35/407)
Def+prob+possible	12.0% (50/418)	12.3% (50/408)

# IMAGE Study

## Occluded SVG and Myocardial Infarction

	Placebo	Aprotinin
Angio + MI assessment	328	340
Occluded SVG	11% (36/328)	16% (54/340)
Occluded SVG + MI	31% (11/36)	20% (11/54)

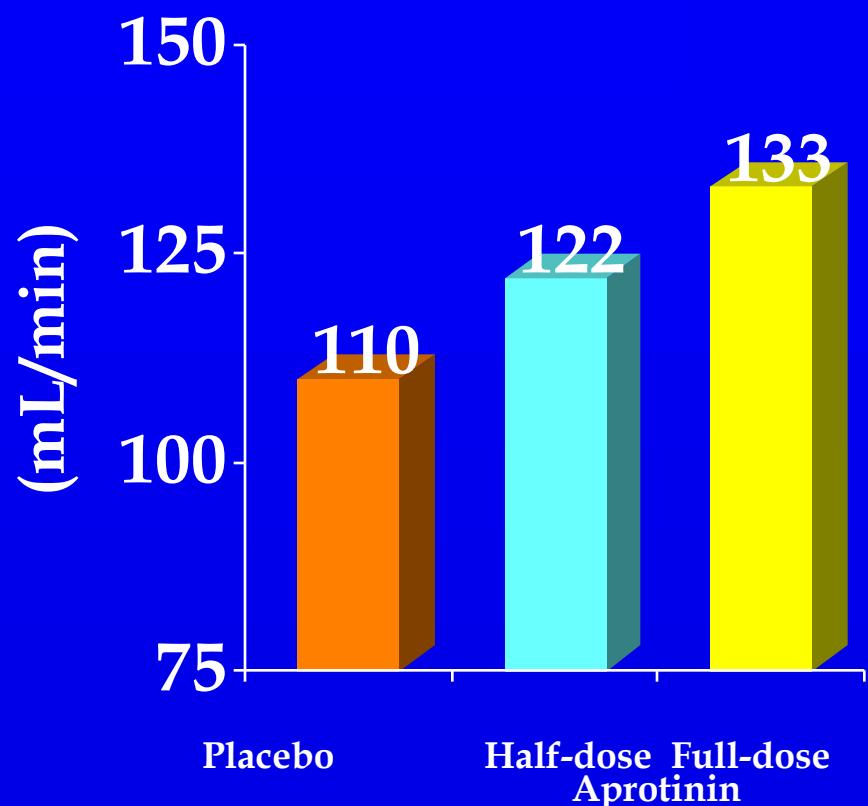
Alderman et al J Thorac Cardiovasc Surg 1998;116:716-30

# Aprotinin Effects on Renal Function

- Transient and reversible effects
- May relate to:
  - > Accumulation of drug in renal brush border
  - > Inhibition of serine proteases associated with renal function
    - ◆ kallikrein
    - ◆ renin
  - > Interaction with drug therapies
    - ◆ angiotensin-converting enzyme inhibitors

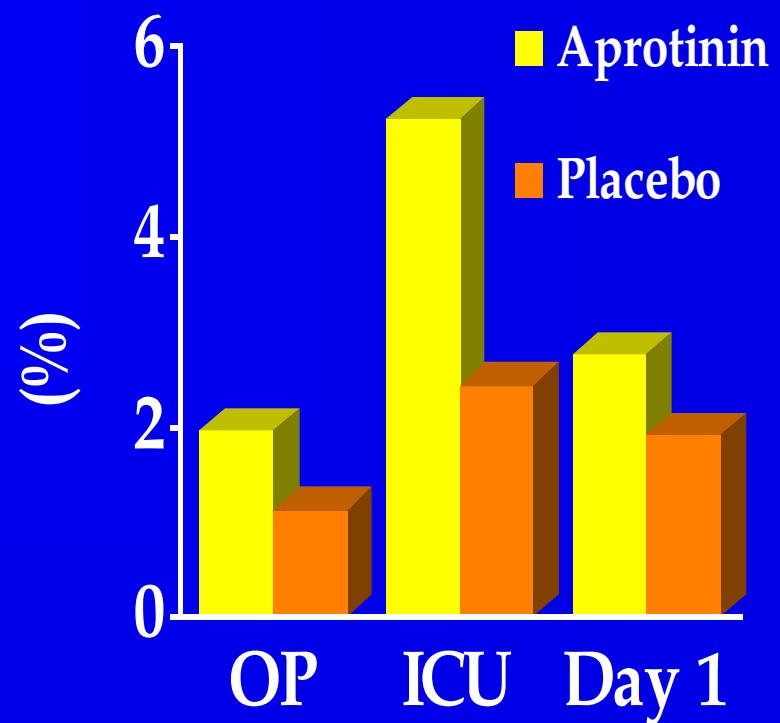
# Renal Function

Creatinine Clearance



Cosgrove et al  
Ann Thorac Surg 1992;54:1031

Fractional Na<sup>+</sup> Excretion



Blauhut et al  
J Thorac Cardiovasc Surg 1991;101:958 S29

# Renal Dysfunction

## Peak Increase in Serum Creatinine (mg/dL)

Value	Aprotinin n = 108	Placebo n = 108	P
➤ <u>_</u> 0.5 - <1.0 mg/dL	13	9	0.37
➤ <u>_</u> 1.0 - < 1.5 mg/dL	3	2	1.00
➤ <u>_</u> 1.5 - < 2.0 mg/dL	1	2	1.00
➤ <u>_</u> 2.0 mg/dL	3	0	0.25
Total	20	13	0.19
Dialysis	1	1	1.00

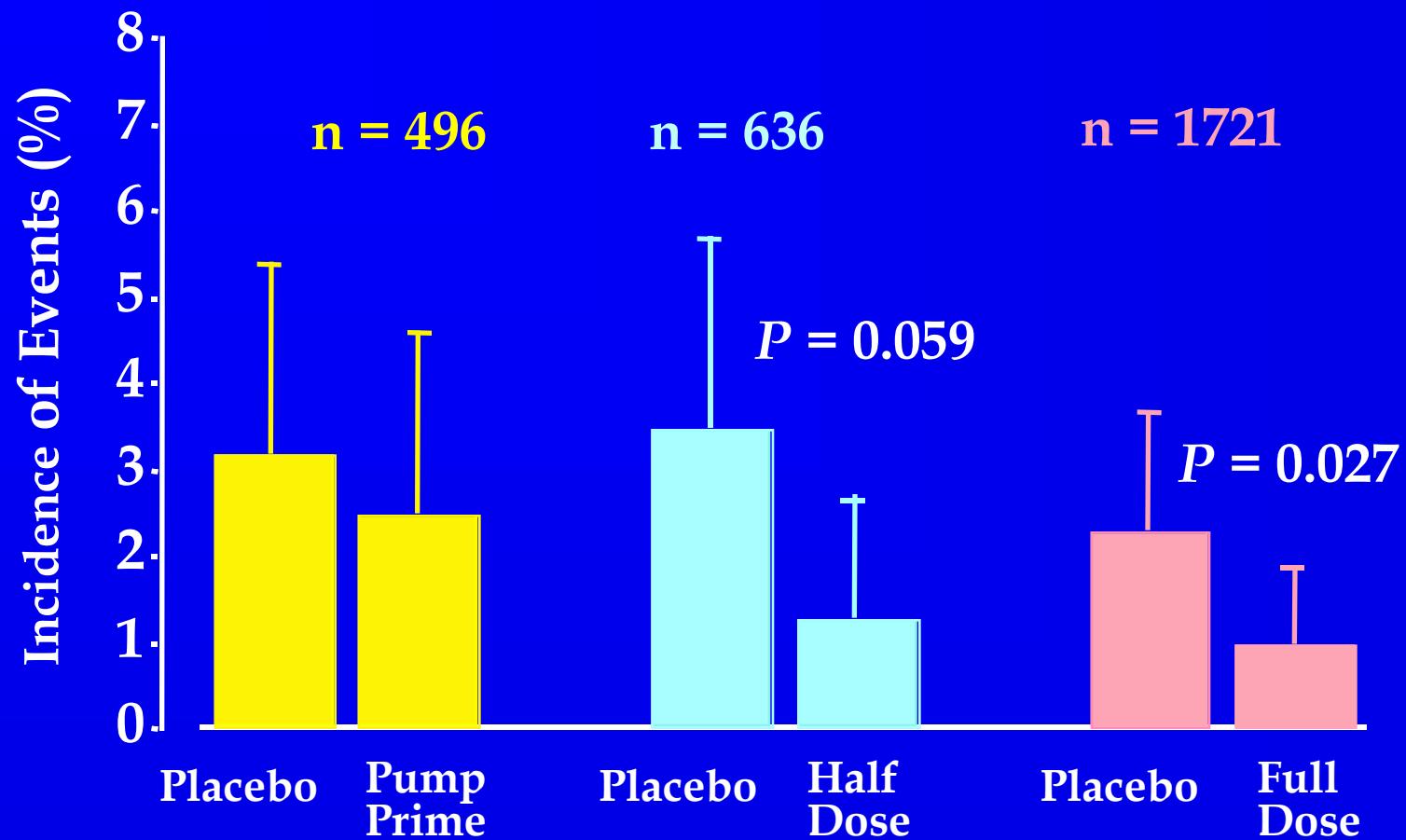
# Renal Dysfunction

Postoperative Mean Serum Creatinine Level (mg/dL)

Treatment Follow-up Group Visit	Intensive Care		Postoperative Day				
	Preop	Unit	1	2	3	4	7
Aprotinin 1.06	1.15	0.94	1.16	1.21	1.24	1.30	1.28*
Placebo	1.16 1.07	0.99	1.18	1.13	1.09	1.09	1.10

\*  $P = 0.047$

# Cerebrovascular Accident



Smith PK and Muhlbauer LH. Ann Thorac Surg 1996;62:1575-7

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# Neurologic Deficit (Stroke)

## Incidence of Stroke Events in Repeat CABG Surgery

	%	Number of Patients
Placebo		5 / 72
	7	
Aprotinin	Pump Prime	1 / 72
1		
	Low Dose	0 / 70
	High Dose	0 / 73

$P = 0.01$

# Adverse Events

EVENT	Percentage of Patients Treated With Aprotinin n = 2002	Percentage of Patients Treated With Placebo n = 1084
Thrombosis	1.0	0.6
Shock	0.7	0.4
Cerebrovascular accident	0.7	2.1
Thrombophlebitis	0.2	0.5
Lung edema	1.3	1.5
Pulmonary embolus	0.3	0.6
Kidney failure	1.0	0.6
Acute kidney failure	0.5	0.6
Kidney tubular necrosis	0.8	0.4

Data from Trasylol® Package Insert